### St Matthias CE Primary School Newsletter

My Identity







they are

world around them

Ask questions about the Use their voices to make a difference

Aspire to greatness

### Friday 14th November 2025



News from this week: (please scroll all the way to the bottom!)

# Celebrating Anti-Bullying Week - St Matthias children were on TV

A group of children in Year 5 and Year 6 were filmed by the BBC Production team to feature on their special feature for Anti-Bullying Week. We are so proud that our school was picked! Watch the episode here:

https://www.bbc.co.uk/teach/live-lessons/articles/zkv6khv#zrfm46f

### Take a look at us in our odd socks!! Amy to add photos



### Have a look at the St Matthias website and see what each class is learning about this half term!

EYFS Autumn 2 Curriculum Overview Year 1 Autumn 2 Curriculum Overview Year 2 Autumn 2 Curriculum Overview Year 3 Autumn 2 Curriculum Overview Year 4 Autumn 2 Curriculum Overview Year 5 Autumn 2 Curriculum Overview Year 6 Autumn 2 Curriculum Overview



PE next week - please ensure pupils are in the appropriate PE kit.

Autumn 2 P.E Days from W2 - w.c. 10.11.25 - some classes P.E days have changed for the

#### **Important dates:**

#### **Tuesday 11th November** Spanish Coffee Morning with Mr Enric Sancho



#### **Tuesday 18th November**

St Matthias Christmas Organisation Coffee Morning with Mrs Blewett



#### **Tuesday 25th November**

Helping your child with communication and regulation strategies with Mrs Danguah



Wednesday 26th November **Year 4 Stratford Canal Trip** 



Thursday 11th December Year 2 Theatre Trip to see **Mamma Goose** 



Friday 19th December Last Day of Autumn 2 Term



Monday 22nd **December - Friday 2nd** January

next half term. Please see below:							
Monday	Tuesday	Wednesday	Friday				
Year 2	Year 3	Voor E	<mark>Year 4</mark>	Year 1			
		Year 5	Year 6	EYFS			

News from our classes: What has been the most memorable learning this week?

#### EYFS:

We have been celebrating Bonfire Night with lots of fun activities. The children loved gathering around our own little bonfire, toasting marshmallows, and watching the beautiful sparkles from the sparklers. We talked about how to stay safe around bonfires and fireworks, and everyone showed great listening and understanding.

We also started our brand-new story, The Everywhere Bear. The children really enjoyed getting to know the story and joining in with our very own bear hunt around the setting — there was so much excitement as we searched high and low to find him! In RWI, we have been focusing on reading CVC words and practising blending the sounds together to make short words. The children are becoming much more confident with their phonics and are so proud of how much progress they're making.

#### Year 1:

Year 1 have had a fantastic first week back! The children returned full of enthusiasm and quickly settled back into their routines. They thoroughly enjoyed a visit from Perform, where they explored ancient England and fairytales through drama and performing arts — everyone had a wonderful time and showed off some brilliant acting skills! In English, we began our new class text, Rapunzel by Bethan Woollvin, which offers a fun twist on the traditional story we all know. In Geography, we started our new topic, Where We Live, learning more about our country, city, and the town where our school is located. It's also been great to see how well the children remembered their decade numbers and key vocabulary from before the half term — a fantastic start to the new term, Year 1!

#### Year 2:

Year 2 have had a really busy first week back and it has been so lovely to come back and see each other after the holiday!

We started this week off with an amazing drama session learning all about the legend of Merlin. We have also been making predictions about our new book The Night Gardener and writing poetry inspired by the cover art.

We have begun exploring addition structures by making numbers using 3 addends in Maths and in Humanities we discovered more about our Capital City, London.

#### Year 3:

Year 3 have had a great start back to the term! In maths, we have started to focus on measurements specifically understanding how to use centimetres and metres along with converting between the units. In writing, we wrote a simile poem based on a character from our new story 'Fox' by Margaret Wild. In humanities we have started our new topic 'villages, towns and cities', yesterday we focused on the concept of population and population density.

Well done year 3!

#### Year 4:

Year 4 have had a calm and focused week back to school. In writing we fully immersed ourselves into our setting of an Icy Forest, we used our scenes to experience the atmosphere, smell and touch of what it would be like there. In maths we went on a polygon hunt around the school! We found that the playground has lots of regular polygons. We then used our knowledge of polygons to help us with perimeter! In humanities, we started our unit learning about rivers, we researched all the most famous rivers across the world! Well done Year 4

#### Year 5 Faith:

Year 5 have been amazing this week. They have engaged in their new text in their writing lesson, called Farther. They have constructed beautiful personification poems, about the atmosphere, that they explored through looking at

#### Year 5 Hope:

Hope class have had a focused and successful first week back to school! We have started looking at a new text for our writing called 'Farther', in which the children have made predictions about what they think the book is about. They also immersed

#### Year 6:

Our fabulous Year 6s have been away to Ufton Court this week. They have spent 2 nights and 3 days taking part in a range of exciting activities, such as: fire lighting, orienteering, cooking, den building, looking after animals on the farm, raft building and riding

**Christmas Holidays** 



**Monday 5th January** INSET Day - no children



**Tuesday 6th January** 

Start of Spring 1 Term ALL CHILDREN BACK TO SCHOOL!



the illustrations. Within maths, we have started our new topic which is money, in which year 5 have been using their knowledge of place values, in particular ones, tenths and hundredths linking this knowledge to money and answering reasoning questions! In their science lessons this week, they looked at parts of a plant and immersed themselves in their new topic. In reading, we are close to finishing the boy at the back of the class, answering comprehension questions and using their inference skills. Well done vear 5!

themselves fully into the text through elements of music and drama.

In maths the children have been learning about the value of British money through practically exploring the different coins and their values. They were able to use and apply their knowledge of decimals to further develop their understanding. In science the children learnt about how flowering plants can reproduce and also dissected flowers to examine the various

parts.

bikes. We look forward to hearing more about their trip when they return today!

#### Hot chocolate Friday!

Pupils enjoyed hot chocolate this week. They have consistently displayed exemplary behaviour and learning.



Reception	Year 1	Year 2	Year 3	Year 4	Year 5 Hope	Year 5 Faith	Year 6
Elira	Liya	Inayaah	Archibald	Delaney- Rome	Aiden W	Joellianna	N/A

School value in focus this week Forgiveness:

Each week the class teacher nominates a pupil in their class who has shown the school value that was in focus.



The pupils who have shown excellent forgiveness are:

Reception	Year 1	Year 2	Year 3	Year 4	Year 5 Hope	Year 5 Faith	Year 6
Owen	Archie	Alan	Luke	Tuana	Jehovani	Dolly	Joel

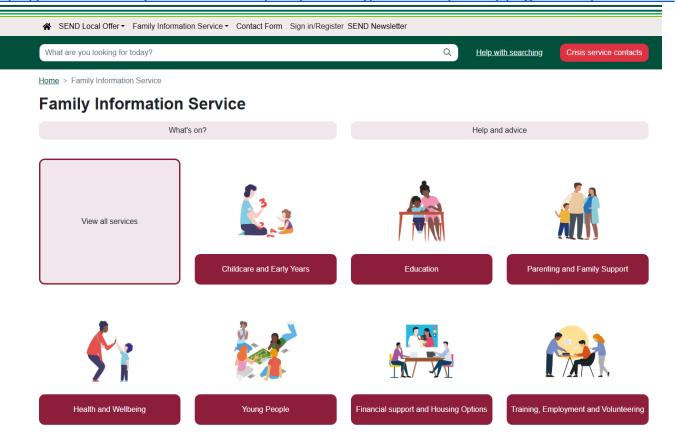
## **Hackney Local Offer**

We know navigating the Hackney system can be really tricky so Hackney have created a padlet

that includes everything you may need.

We are very lucky to have a rich Local Offer but there are many things we don't know about so be sure to discover:

https://www.hackneylocaloffer.co.uk/kb5/hackney/localoffer/family.page?familychannel=0



https://www.hackneylocaloffer.co.uk/kb5/hackney/localoffer/localoffer.page?newlocalofferchannel=0

Home > SEND Local Offer

#### SEND Local Offer

SEND document library What's on? Help and advice You said - We did

Local authorities have a statutory duty to provide, in one place, a description of their offer of support for local families with children and young people who are 0-25 years of age and have SEND (special educational needs and or disabilities). The purpose of the Local Offer duty is to:

- Provide clear, comprehensive, accessible, up-to-date information about available provision and how to access it.
- Make provision more responsive to local needs and aspirations by involving disabled young people, their parents, and local service providers in developing and reviewing what
  is available.

Hackney's SEND Local Offer to families is made up of support from partners across Education, Health, Social Care, and Leisure Services. It includes registered specialist charities, and community and voluntary services where appropriate to the 0-25 cohort with SEND. Our Local Offer website is where we share with families and partners, information from these services about their support, processes, and opportunities.

Use the category search buttons below, key words, or 'Contact Us' if you need help finding information.



https://hspcf.org/



Meetings And Events

Get Involved -

Contact Us

### **WELCOME TO**

## **Hackney SEND Parent Carer Forum (HSPCF)**

The forum enables parents and carers of children (0-25yrs) with special educational needs and disabilities (SEND) to work in collaboration with local decision makers, communicating their views and experiences and helping to shape local services.



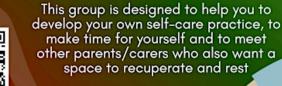
# **Parent Wellness Course**

Being, Mindful & Kindful to Yourself

10<sup>nd</sup> Oct to 21<sup>st</sup> Nov 2025 every Friday 10 – 12 pm at Rushmore Primary School in the Music Room

6-week course run by Dr Su Batuwitage Psychologist

This wellness group is for parents/carers who would like a nurturing space for their wellbeing and to develop a practice of mindfulness and compassion to support them with caring for themselves and their families



Use the QR code or the weblink to access th Eventbrite page to register for this co





**Yoga Home - FREE Classes for Parents and Carers** 

### Service details

Yoga Home is a registered charity and community studio offering a wide range of yoga, Pilates, and movement classes, along with therapeutic massage and a cafe.

As we are a charity, proceeds from our paid classes and services fund free yoga and movement programs for schools and groups within Hackney who would benefit from this opportunity.

#### About these sessions.

<u>Yogahome</u> is delighted to offer a free weekly yoga class specially designed for parents and carers of children with SEND.

No need to bring anything, just come wear comfortable clothes. You can just turn up!

Each hour-long weekly session will include gentle movement to strengthen and stretch, and guided relaxation to deeply sooth and release tension and stress.

We hope you can join us for this free session.

#### When?

Every Wednesday 10 am to 11 am

No class during half terms and school holidays.

Check school holiday dates here.

#### Where?

Yogahome, 14 Allen Road, Hackney, N16 8SD.

#### **Further information**

If you have any questions please call us on 020 7249 2425 or email Shira: shira@yogahome.com

### Hackney SENDIAGS Drop-in Sessions

### Fortnightly on a Tuesday from 10am - 2pm Autumn Term 2025

Hackney SEND Information, Advice and Guidance Service (SENDIAGS) is an arm's length service providing impartial and confidential information, advice and support to parents and carers of children with Special Educational Needs and/or Disabilities (SEND) and young people and children with SEND.

#### Do you need help, for example, to:

- prepare for a school meeting in order to effectively share your views, wishes and feelings in any discussions
- know what questions to ask when visiting a school for a tour
- make sure that your child's needs are being met at school, college or nursery
- · think about your contribution to an assessment
- go through your EHC needs assessment request
- go through your draft EHC Plan
- Prepare for an Annual Review meeting and make sure your views are included

Attend one of our 20 minutes' drop-in appointments where you can discuss further and receive information, advice, support and guidance from one of our advisers.

30.09.25, 14.10.25, 28.10.25, 11.11.25, 25.11.25, 09.12.25

Ann Tayler Children & Family Hub 1-13 Triangle Road London Fields, Hackney, London E8 3RP

For any more information please contact: Hackney SENDIAGS <u>SENDIAGS@hackney.gov.uk</u> 0207 275 6036

Working for every child







The Family Coach Service's 4 week Parent Empowerment Group

Building a toolbox for Parental Wellbeing

Mondays 1-3 pm @ Daubeney Children and Family Hub

103 Daubeney Rd, London E5 OEG

All families with a child that has a need within any of the 4 areas of SEND are welcome We are a needs based service. No EHCP or formal diagnosis is needed.



There are **10 spaces available**. We ask that families are able to attend **all 4 sessions**. To sign up email to familycoach@hackney.gov.uk or call the hub 020 8525 7040

#### **Parent Empowerment Groups**

Every group has 10 spaces available to parents that have a child with an identified special educational need or disability that live in Hackney or have a child in a Hackney school.

No formal diagnosis or education health care plan is necessary.

We ask that you commit to attending all sessions as parents report consistency helps to build community connection and problem solving.

To express your interest in attending the group please email familycoach@hackney.gov.uk

Please include the group you'd like to attend and the school your child attends in the email.

#### Building a toolbox for parental wellbeing

Starting Monday 10 of November 1 to 3 pm at Daubeney Children's Centre, Daubeney Rd, London E5 0EG

- Monday 10 of November What's already in your wellbeing toolbox?
- Monday 17 of November Bringing awareness to your strengths
- Monday 24 of November Catching unhelpful thoughts
- Monday 1 of December Finding a moment for you

#### Creating a sleep routine that works for you and your family

Starting Tuesday 11 of November 9 amd to 10:30am at Holy Trinity Primary School, Beechwood Rd, London E8 3DY

- Tuesday 11 of November An Introduction to sleep
- Tuesday 18 of November Before bedtime (transitions and routines)
- Tuesday 25 of November Before bedtime (calming activities and screen time)

- Tuesday 2 of December Thinking about the bedroom environment
- Tuesday 9 of December How to settle if your child wakes-up.





### Family Coach Service

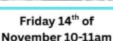
Winter Wellbeing Walks 2025

For parents of children with special educational needs and disabilities.

No formal diagnosis or Educational Health Care Plan necessary.

### All walks will meet at Hackney Service Center





### A walk to notice

Bring attention to your surroundings and notice the little things.



Friday 28<sup>th</sup> of November 10-11am

#### A walk to calm

Promote calmness when walking in your local community



Friday 12<sup>th</sup> of December 10-11am

#### A walk to connect

Create something for others to connect with on their walks

To sign up please email: familycoach@hackney.gov.uk

Can't make the walks but still want to be part of the community?

Please email us to be sent the walks to complete in your own time.

### Winter Wellbeing Walks

Opportunities to take a moment for yourself, meet with other parents of children with SEND and walk together. All walks meet at Hackney Service Center behind the Town Hall on Mare Street.

To express interest in attending the walks please email familycoach@hackney.gov.uk telling us the walk/walks you'd like to attend and your child's school.

Friday 14th of November 10-11am - A walk to notice Friday 28th of November 10-11am - A walk to calm Friday 12th of November 10-11am - A walk to connect.

Can't make the walks but still want to be part of the community? Please email us to be sent the walks to complete in your own time and an invitation to upload something from your walk onto a community online padlet.

### **Training Opportunities**

Understanding Autism Training for Parents (Online)

- Would you like to learn more about Autism?
- Are you waiting for an assessment for your child?
- Do you have a child that has a diagnosis of autism?

If you've answered yes then the Understanding Autism training may be for you.

Across the 2 hour training you will explore the following:

- An Introduction to Autism
- Understanding the individual
- Positive and effective relationships
- Learning and development
- Enabling environments

There are 20 spaces available for each session.

#### When and where?

Online - Thursday 13 November 9.30 am to 11.30am

Your child does not need a formal diagnosis or an Education, Health, and Care Plan for you to be eligible to sign up for these sessions. Any Hackney parent is welcome to join.

Please email us stating which training you'd like to attend to reserve your place. familycoach@hackney.gov.uk





# Talk to an OT

Do you have any concerns or questions about your child's development?



Occupational Therapy can help with life skills such as self care skills (e.g. toileting, dressing, sleep and eating), school skills (e.g. attention, focus, writing and cutting) and play skills (e.g. turn taking and sharing).



Drop In is for children and young people aged 0-18yrs

Identify a goal for your child to work towards in their everyday life.





Learn from an Occupational Therapist.





# How does it work?

The sessions will be offered either face to face, telephone or virtually for a 15 minutes consolation and can be booked in over the phone.

### **Upcoming dates**

Wednesday 29<sup>th</sup> January
Wednesday 26<sup>th</sup> February
Wednesday 26<sup>th</sup> March
Wednesday 30<sup>th</sup> April
Wednesday 28<sup>th</sup> May
Wednesday 25<sup>th</sup> June
Wednesday 30<sup>th</sup> July
Wednesday 27<sup>th</sup> August
Wednesday 24<sup>th</sup> September
Wednesday 29<sup>th</sup> October
Wednesday 26<sup>th</sup> November

Wednesday 17th December

#### Where:

Face to face Hackney Ark Downs Park Road E8 2FP

Telephone

Microsoft teams

For some advice or tips on your child's development, come and speak to an occupational therapist. Everyone's welcome!



To book your place, or for more details, contact us on:

huh-tr.childrensotptevents@nhs.net 020 7014 7025

#### **Keeping Children Safe**

The safeguarding of the children at St Matthias is our number one priority. We adhere to stringent safeguarding procedures to protect the welfare of all the children who come to our school. We will endeavour to work with parents and carers as it is our duty as a school to protect our children and to keep them safe.

If you have any concerns or queries, please do not hesitate to contact our Designated Safeguarding Lead (Ms Blewett) or the Deputy Designated Safeguarding Leads (Ms Frohock, Ms Cherid or Ms Janeice).



Lucy Blewett Headteacher DSL



Yasmine Cherid Assistant Headteacher SENDCO |



Amy Frohock Deputy Headteacher Deputy DSL



Janiece Headley-Walker Pastoral Manager Deputy DSL