

St Matthias CE Primary School Newsletter

My Identity



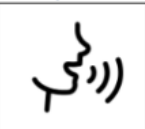
Know who they are

My World



Ask questions about the world around them

My Voice



Use their voices to make a difference

My Future



Aspire to greatness

Friday 19th
September
2025



News from this week:

What a triumph! Well done to year 6 and year 5 for their phenomenal success at the inspire sports awards. And for proudly returning with a trophy!

Well done for being such great representatives of your school



Important dates:

**Monday 22nd
September**

Year 5 & 6 Meet the Teacher
3:45-4:15pm



**Wednesday 24th
September**

Year 1 Meet the Teacher
3:45-4:15pm



**Monday 29th
September**

Macmillan Coffee Morning

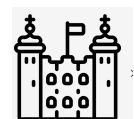


**Wednesday 1st October
Year 3 & 4 Sports**

Inspired Trip



Friday 10th October
Year 2 Tower of London
Trip



Monday 27th - Friday

MEET THE TEACHER!

WHEN?

Wednesday 17th September 3:45-4:15pm

Year 4 with Ms Jeary

Thursday 18th September 3:45-4:15pm

Year 2 with Ms Fryatt

Year 3 with Ms Anderson

Friday 19th September 8:30-9am

EYFS with Ms Zerrouki & Ms Cherid

Monday 22nd September 3:45-4:15pm

Year 5 with Ms Ryan & Ms Paul

Year 6 with Ms Calixte & Ms Thomas

Wednesday 24th September 3:45-4:15pm

Year 1 with Ms Danquah

31st October
Half Term Holiday



Monday 3rd November
INSET Day

Tuesday 4th November
Start of Autumn 2 Term



Monday 22nd
December - Friday 2nd
January
Christmas Holidays



**Have a look at the St Matthias website and see what each class is
learning about this half term!**

[EYFS Autumn 1 Curriculum Overview](#)

[Year 1 Autumn 1 Curriculum Overview](#)

[Year 2 Autumn 1 Curriculum Overview](#)

[Year 3 Autumn 1 Curriculum Overview](#)

[Year 4 Autumn 1 Curriculum Overview](#)

[Year 5 Autumn 1 Curriculum Overview](#)

[Year 6 Autumn 1 Curriculum Overview](#)



Physical Education

PE next week - please ensure pupils are in the appropriate PE kit.

September P.E Days - these days will change each half term

Monday

Tuesday

Wednesday

Thursday

Friday

| | | | | | |
|---|---|--------|--|------|--|
| | | Year 2 | Year 3 | | |
| Year 1 | Year 4 | Year 1 | Year 6 | EYFS | |
| News from our classes: What has been the most memorable learning this week? | | | | | |
| | EYFS: This week in EYFS has been full of excitement and busy learning! We have been talking about birthdays, sharing our own special experiences, and listening to each other’s ideas. The children showed amazing creativity when making their families using sticks and designing faces out of pasta – they were so proud of their wonderful creations! We have also been learning more about our school routines and class rules, helping us to settle into the day and understand how we can work and play together kindly. It has been a lovely week of exploring, creating, and getting to know each other as we build our classroom community. | | Year 1: Year one have loved learning the story of Old bear and have been doing some exciting science all about materials. They even brought in their own toys to discuss with their friends. Be sure to ask your children about the blue blocks. An exciting new addition to their playground that they played with today. | | |

| | | | |
|---|--|---|--|
| <p>Year2: Year 2 has been really busy planning and writing their first story of this year. We have begun writing all about our character taking a journey down a river and have lots of ideas about what they will see next!</p> <p>In maths we have been investigating what happens when we add ten more or ten less to a multiple of ten. We have also been learning more about the events of the Great Fire of London and classifying recyclable materials into those that are transparent, translucent and opaque.</p> | <p>Year 3: Year 3 has had another amazing week filled with hard work and resilience!</p> <p>In Writing, the children began planning their <i>approaching threat narratives</i>. As part of the process, they identified key grammar techniques they will include in their final pieces to build suspense and tension. In Science, they continued their investigation into magnetic materials, testing various objects around the classroom to determine which were magnetic. The hands-on exploration sparked great curiosity and discussion. In Humanities, Year 3 focused on animals that lived during the Ice Age. They conducted research to learn more about these fascinating creatures, deepening their understanding of prehistoric life. Well done, Year 3</p> | <p>Year 4: 4 has had a great week! In writing we have been thinking of vocabulary for our action story of two children who go whale spotting. We have planned fantastic stories and can't wait to write them up next week. In RE we have been learning about the story of Moses and thinking deeply about how he would have felt to be chosen by God's calling. In maths we have been using our knowledge of numbers to determine whether we should use mental methods or column addition in order to solve problems. We have also been practising hard on our handwriting and are really trying to perfect our cursive joins.</p> | |
| <p>Year 5 Faith: Year 5 have been working extremely hard this week, they enjoyed a lovely trip to sports inspired in which they worked hard to complete a variety of activities. Within maths they have continued to work on tenths, looking at ordering and comparing decimal numbers. Within writing they engaged in roleplay to get into character, preparing for the exploration narrative that they will be writing next week. In PSHE, they looked at rewards and consequences and what rewards they would like to see within the class. This week year 5 have shown amazing behaviours for learning. Well done!</p> | <p>Year 5 Hope: It has been a super active week for Hope class! On Wednesday we participated in the Sports Inspired Festival. We carouselled through various activities such as, wheelchair basketball, dance and netball to name a few.</p> <p>We have been looking at the origins of Benin Kingdom in history and how it developed into a powerful empire. In maths, we have been developing upon our knowledge of tenths and the composition of tenths as decimals through partitioning. In writing we have started to plan our exploration narrative.</p> | <p>Year 6: Year 6 had a very successful week this week. We attended the Sports Inspired festival and turned out to be winners! We took part in a variety of sporting activities including bat and ball, dance, netball and wheelchair basketball. In History, we looked at how world war 2 started and discussed the events that led up to the war. In writing, we began to plan our diary entries from the perspective of a fictional character living in Germany during the war.</p> | |

Hot chocolate Friday!

Pupils enjoyed hot chocolate this week. They have consistently displayed exemplary behaviour and learning.



| Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 Hope | Year 5 Faith | Year 6 |
|-----------|---------|--------|--------|---------|----------------|-----------------|--------|
| Nile | I'zrail | Maison | Maya | Aaliyah | Kayden | Ruzgar | Lionel |

School value in focus this week **Collaboration**:

Each week the class teacher nominates a pupil in their class who has shown the school value that was in focus.



The pupils who have shown excellent **collaboration** are:

| Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 Hope | Year 5 Faith | Year 6 |
|-----------|-------------|--------|-----------------|-----------------|----------------|--------------------|--------|
| Jayveer | Aysia-Leigh | Year 2 | Atarah and Stan | Javier & Keiden | A'Meirah | Harry and Amiyah M | Luna |

FLU IMMUNISATION FOR PUPILS IN SCHOOL YEARS RECEPTION - YEAR 11

**Prevent your child from being seriously ill this winter!
Vaccinating is crucial in protecting them and
vulnerable friends and family from flu.**

NASAL VACCINE



No needles - just quick,
painless, effective flu
protection
(contains gelatine)

OR

THE INJECTION



We offer a **PORK-FREE,**
GELATINE-FREE injection
considered a
faith-friendly alternative.

Complete this form, even if you do not want the vaccine.

<https://london.schoolvaccination.uk/flu/2025/cityandhackney>

Secondary School students only: Young people under the age of 16 can give or refuse consent themselves if considered competent to do so by nursing staff.

CONTACT THE TEAM

✉ hackney@v-uk.co.uk

☎ 0207 613 9146

Need more
information?
Please see our FAQs
sheet attached with
this letter.

Or visit our
website:



We endeavour to come to your child's school twice.
If your child is absent or unable to be vaccinated at
school, they can still receive this important vaccine by
attending one of our community clinics for the vaccine.

Details of these can be found on our website or you
can contact the team above.

Your consent will remain in place for the entire flu season.
If your child misses a first visit, you do not need to
complete a second form.

LEARN MORE

<https://www.schoolvaccination.uk/flu>
www.youtube.com/@vaccinationuk



FREQUENTLY ASKED QUESTIONS

Q WHY ARE CHILDREN BEING OFFERED THE FLU VACCINE?

Flu can make children feel very unwell and can sometimes lead to serious complications like pneumonia or ear infections. Some may even need hospital treatment. It's especially important for children with long-term conditions like asthma or diabetes, as flu can be more dangerous for them.

Q HOW DOES THE FLU VACCINE FOR CHILDREN WORK?

The nasal spray contains weakened flu viruses that help your child build protection without causing illness. Because flu strains change each year, the vaccine needs to be given annually. Most children only need one dose.

Q IS THE FLU VACCINE SAFE FOR CHILDREN?

Yes, it has a very good safety record and has been used for over 10 years in countries like the US without any major concerns. All vaccines available in United Kingdom must pass strict safety testing before being approved for use. The Medicines and Healthcare Products Regulatory Agency (MHRA) only approve vaccines that have gone through rigorous safety testing measures. The regulators continually monitor them all the time.

Q SHOULD ANYONE NOT HAVE THE VACCINE?

Let us know if your child:

- Has a severe allergy to eggs, gelatine, or certain antibiotics
- Has recently had severe asthma symptoms or is wheezy on the day
- Has a seriously weakened immune system

Also, after vaccination, children should avoid close contact with people who have very weak immune systems for about two weeks—everyone else is fine to be around.

Q ARE THERE ANY SIDE EFFECTS?

Side effects from the nasal spray are usually mild and short-lived. These may include a runny or blocked nose, headache, reduced appetite, or a slight temperature. Paracetamol or ibuprofen can help if needed.

Q WE DO NOT EAT PORK PRODUCTS. CAN MY CHILD HAVE A DIFFERENT FLU VACCINE?

Yes. There is an injectable flu vaccine is available that contains no pork (porcine gelatine).

While the nasal spray is generally more effective and painless, we respect your preferences. Just complete the consent form for the injection—no need to fill out both.

CONSENT INFORMATION

The consent form needs to be signed by a person with parental responsibility which includes:

- Mother: automatic
- Father: if married to the mother either when baby is born or marries subsequently
- Unmarried father: if name appears on birth certificate (since 1/12/03) or legally acquired
- Others: if parental responsibility is legally acquired
- Parental Responsibility Agreement: signed, properly witnessed and sent for registration to Principle Registry or the Family Division (High Court)
- Residence Order: granted by the Court

Please note that young people under the age of 16 can give or refuse consent if considered competent to do so by nursing staff.

Q NATURAL IMMUNITY

While natural immunity from the flu can occur, it's not generally considered better than vaccine-induced immunity. Natural infection carries the risk of severe illness and complications, whereas the flu vaccine offers protection with significantly less risk. Natural immunity can be long-lasting against specific strains, but we know that the flu virus changes (mutates) overtime so natural immunity to one strain might not protect against a different strain that emerges later. Vaccines are a safer and more reliable way to protect against a wider range of flu viruses.

Flu vaccines are updated for each winter to give protection against the strains of flu that are most likely to be going around. For this reason, we strongly recommend that even if your child was vaccinated last year, they should be vaccinated again this year.

Q MY CHILD NEEDS A DIFFERENT VACCINE

If your child needs another vaccine you can speak to our team or attend one of our community clinics, all information can be found on our website:

www.schoolvaccination.uk/catch-up-clinics

Q I HAVE MORE QUESTIONS

We run Q&A webinars which address frequently asked questions and gives parents an opportunity to ask their questions. You can find information and how to join on our website.



 Vaccination UK

Non-Violence Resistance Parenting Programme (NVR) - STARTS SEPTEMBER 26

Starting Date: 26th of September 2025

About the Programme

This Non-Violent Resistance (NVR) programme is designed specifically for parents from the African Caribbean Heritage Community (ACH) whose children (aged 9-18) may be facing emotional wellbeing or behavioural challenges at home or at school. The programme runs over 12 weeks, with topics including:

- De-escalation strategies
- Strengthening parental presence
- Reconciliation gestures
- Understanding trauma for both parents and children

What is NVR?

NVR is an evidence-based approach that helps parents and carers develop strategies to manage their children's challenging behaviours, while also building or rebuilding positive relationships with them.

Criteria to Join

This programme is open to parents from the African Caribbean Heritage Community (ACH) and other parents from different backgrounds who live in City and Hackney. Children must be aged 9 years and above.

To participate, you must meet at least one of the following criteria:

- Be a resident of Hackney or the City
- Have a child who is a resident or attends a school in Hackney or the City
- Work in Hackney or the City

Unsure about commitment?

Join us on for a tastier class on September 19th at 10am -12pm at:

The Print House, 18

Ashwin Street, London, E8 3DL

Register here for the taster class:

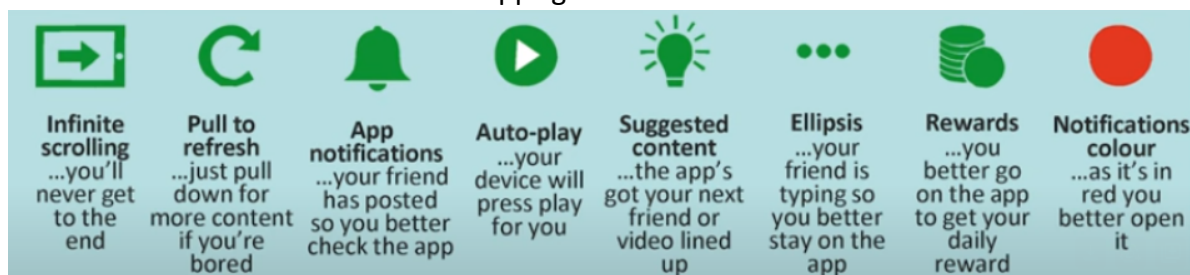
<https://bit.ly/4novaAe>

For further information on the full course starting in September 26th 2025, please contact us at hamdi.a@acschool.org.uk or call 07484356541.

[Click this link to book onto the course!](#)

Tip for keeping pupils safe online (taken from saferinternet.org.uk)

How do apps get us to come back?



Keeping Children Safe

The safeguarding of the children at St Matthias is our number one priority. We adhere to stringent safeguarding procedures to protect the welfare of all the children who come to our school. We will endeavour to work with parents and carers as it is our duty as a school to protect our children and to keep them safe.

If you have any concerns or queries, please do not hesitate to contact our Designated Safeguarding Lead (Ms Blewett) or the Deputy Designated Safeguarding Leads (Miss Frohock & Mrs Cherid).