

# St Matthias CE Primary School Newsletter

My Identity



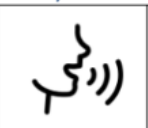
Know who they are

My World



Ask questions about the world around them

My Voice



Use their voices to make a difference

My Future



Aspire to greatness

Friday 12th  
September  
2025



## News from this week:

We have completed a full week of learning and it has been wonderful to have all the children working together both in the classroom and in the playground. We have welcomed almost 30 children into the school from y1-y6- mainly from closing schools but many from other schools. Clearly word is getting out about the amazing offer for our children! We also have a strong cohort of 20 children in our reception this year.

We are proud of the school we are building and growing and look forward to seeing your children flourish in their new year groups.

Next week we will host meet the teacher afternoons, we have scheduled this on different days to avoid clashes with siblings. So please look out for further updates on this.

We are also starting to plan for trips, parent coffee mornings and a black history event at the end of October. We have children taking part in filming for the BBC and a group of ten children who will be chosen from y5 to learn the violin. So many amazing opportunities afoot.

Ask your child about their learning this week- what can they do now that they couldn't do before?

Sending love for the weekend ahead,

Mrs Blewett

## Important dates:

**Wednesday 17th  
September**

Year 5 & 6 Sports Inspired  
Trip



Year 4 Meet the Teacher  
3:45-4:15pm



**Thursday 18th  
September**

Year 2 & 3 Meet the  
Teacher  
3:45-4:15pm



**Friday 19th September**  
EYFS Meet the Teacher  
8:30-9am



**Monday 22nd  
September**

Year 5 & 6 Meet the  
Teacher  
3:45-4:15pm



# MEET THE TEACHER!

## WHEN?

**Wednesday 17<sup>th</sup> September 3:45-4:15pm**

Year 4 with Ms Jeary

**Thursday 18<sup>th</sup> September 3:45-4:15pm**

Year 2 with Ms Fryatt

Year 3 with Ms Anderson

**Friday 19<sup>th</sup> September 8:30-9am**

EYFS with Ms Zerrouki & Ms Cherid

**Monday 22<sup>nd</sup> September 3:45-4:15pm**

Year 5 with Ms Ryan & Ms Paul

Year 6 with Ms Calixte & Ms Thomas

**Wednesday 24<sup>th</sup> September 3:45-4:15pm**

Year 1 with Ms Danquah

**Wednesday 24th**

**September**

Year 1 Meet the Teacher

3:45-4:15pm



**Monday 29th**

**September**

Macmillan Coffee Morning



**Wednesday 1st October**

**Year 3 & 4 Sports**

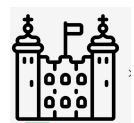
Inspired Trip



**Friday 10th October**

Year 2 Tower of London

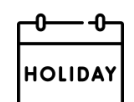
Trip



**Monday 27th - Friday**

**31st October**

Half Term Holiday



**Monday 3rd November**

INSET Day

**Tuesday 4th November**

Start of Autumn 2 Term



**Monday 22nd**

**December - Friday 2nd**

**January**

Christmas Holidays

**Have a look at the St Matthias website and see what each class is learning about this half term!**

[EYFS Autumn 1 Curriculum Overview](#)

[Year 1 Autumn 1 Curriculum Overview](#)

[Year 2 Autumn 1 Curriculum Overview](#)

[Year 3 Autumn 1 Curriculum Overview](#)

[Year 4 Autumn 1 Curriculum Overview](#)

[Year 5 Autumn 1 Curriculum Overview](#)

[Year 6 Autumn 1 Curriculum Overview](#)




*Physical Education*

**PE next week - please ensure pupils are in the appropriate PE kit.**

**September P.E Days - these days will change each half term**

Monday	Tuesday	Wednesday	Thursday	Friday
--------	---------	-----------	----------	--------

Year 5	Year 4	Year 2  Year 5	Year 3  Year 6	EYFS	<div></div>
News from our classes: What has been the most memorable learning this week?					
	<p><b>EYFS:</b></p> <p>We've had a fantastic first week in EYFS, and the children have settled in beautifully. They have loved exploring all the different areas of our classroom and have been learning the routines of school life. We've enjoyed talking about ourselves and our families, and we shared the story The Colour Monster to help us recognise and name different emotions. The children also created wonderful self-portraits to celebrate who they are. It's been a very special start to our year together!</p>	<p><b>Year 1:</b></p> <p>This week, Year 1 has amazed us with their hard work and enthusiasm! The children have been working incredibly hard in their phonics groups and have impressed all their teachers with their progress. They have also shown great resilience as they build up their stamina in both writing and maths lessons.</p> <p>As part of our English work, we have begun exploring bears, linking to our new class text Old Bear. In RE, the children have been learning about the creation story from the first book of the Bible, Genesis, and have created some beautiful artwork to reflect this.</p> <p>We are so proud of all their efforts and the enthusiasm they bring to their learning each day!</p>			
<p><b>Year2:</b></p> <p>We have had another busy week getting settled into Year 2 and we have been showing some amazing learning and behaviour this week!</p> <p>We tried writing a character description of Tom, from our class book The River, We also continued with our work on counting in tens and discussed what London was like in 1666. We discussed who cares for us in RE and also created some amazing artwork for our vision display.</p>	<p><b>Year 3:</b></p> <p>This week, Year 3 have had a week filled with incredible learning!</p> <p>In <b>Science</b>, we conducted an experiment exploring <i>contact and non-contact forces</i>. In <b>Humanities</b>, we began our exciting new topic on <i>Prehistoric Britain</i>. We focused on the question: "<i>How do we know about life in the Stone Age?</i>" During this lesson, Year 3 became archaeologists and even had the chance to dig for treasure! In <b>Writing</b>, we finally revealed our mystery book – <i>The Iron Man</i>! Inspired by the character, we wrote our own kenning poems. A huge well done to Year 3 for all your hard work!</p>	<p><b>Year 4:</b></p> <p>Year 4 have had an amazing week! In Science we started learning about the digestive system and their functions. We are now able to label our digestive organs. In Humanities we started our learning on Romans and why they were so powerful.</p> <p>In maths we have learnt how to use column addition with regrouping!</p> <p>We have tried really hard in all our learning!</p>			

**Year 5 Faith:**

Year 5 has been working extremely hard this week in all subjects. They have been learning about tenths and applying their knowledge to solve reasoning questions. Within writing they have delved into our text, when we walked on the moon, engaging in a character description and roleplay. Within reading, year 5 have read a few intriguing myths and used their comprehension skills to answer questions. In their PSHE lesson they looked at what rights they have and how they can respect the rights of others. Well done year 5 for all your hard work this week!

**Year 5 Hope:**

This week in Hope class we have fully immersed ourselves into our learning with children demonstrating that they are engaged and ready to learn. We have been delving deeper into our book *The Boy at The Back of the Class* and looking at the characters in greater depth, counting tenths in different ways in maths, and exploring what miracles are in RE. Hope class has also written some fantastic poems about the moon in writing which also links to our science topic, *Earth and Space*.

**Year 6:**

Year 6 had a fantastic week of learning! We had our first history lesson about World War 3 and discovered the events that led up to it. This gave us more of an understanding of our writing text; *Rose Blanche* which is also based in WW2. We took part in a Sports Inspired workshop where we came up with team names and celebration dances for the festival next week.

**Hot chocolate Friday!**

Pupils enjoyed hot chocolate this week. They have consistently displayed exemplary behaviour and learning.



Reception	Year 1	Year 2	Year 3	Year 4	Year 5 Hope	Year 5 Faith	Year 6
Reuben	Nevaeh	Kemi	Jaidayal	Khalid	Edson	Mouhamed	Samuel

School value in focus this week **Kindness**:

Each week the class teacher nominates a pupil in their class who has shown the school value that was in focus.



The pupils who have shown excellent **kindness** are:

Reception	Year 1	Year 2	Year 3	Year 4	Year 5 Hope	Year 5 Faith	Year 6
Nile	Alessio	Nancy	Aishat	Crystal	Elif	Ruzgar	De'Keriah



## **FLU IMMUNISATION FOR PUPILS IN SCHOOL YEARS RECEPTION - YEAR 11**

**Prevent your child from being seriously ill this winter!  
Vaccinating is crucial in protecting them and  
vulnerable friends and family from flu.**

### **NASAL VACCINE**



No needles - just quick,  
painless, effective flu  
protection  
(contains gelatine)

**OR**

### **THE INJECTION**



We offer a **PORK-FREE,  
GELATINE-FREE** injection  
considered a  
faith-friendly alternative.

Complete this form, even if you do not want the vaccine.

<https://london.schoolvaccination.uk/flu/2025/cityandhackney>

**Secondary School students only:** Young people under the age of 16 can give or refuse consent themselves if considered competent to do so by nursing staff.

### **CONTACT THE TEAM**

✉ [hackney@v-uk.co.uk](mailto:hackney@v-uk.co.uk)  
☎ 0207 613 9146

Need more  
information?  
Please see our FAQs  
sheet attached with  
this letter.

Or visit our  
website:



We endeavour to come to your child's school twice.  
If your child is absent or unable to be vaccinated at  
school, they can still receive this important vaccine by  
attending one of our community clinics for the vaccine.

Details of these can be found on our website or you  
can contact the team above.

Your consent will remain in place for the entire flu season.  
If your child misses a first visit, you do not need to  
complete a second form.

**LEARN MORE**

<https://www.schoolvaccination.uk/flu>  
[www.youtube.com/@vaccinationuk](https://www.youtube.com/@vaccinationuk)



## FREQUENTLY ASKED QUESTIONS

### Q WHY ARE CHILDREN BEING OFFERED THE FLU VACCINE?

Flu can make children feel very unwell and can sometimes lead to serious complications like pneumonia or ear infections. Some may even need hospital treatment. It's especially important for children with long-term conditions like asthma or diabetes, as flu can be more dangerous for them.

### Q HOW DOES THE FLU VACCINE FOR CHILDREN WORK?

The nasal spray contains weakened flu viruses that help your child build protection without causing illness. Because flu strains change each year, the vaccine needs to be given annually. Most children only need one dose.

### Q IS THE FLU VACCINE SAFE FOR CHILDREN?

Yes, it has a very good safety record and has been used for over 10 years in countries like the US without any major concerns. All vaccines available in United Kingdom must pass strict safety testing before being approved for use. The Medicines and Healthcare Products Regulatory Agency (MHRA) only approve vaccines that have gone through rigorous safety testing measures. The regulators continually monitor them all the time.

### Q SHOULD ANYONE NOT HAVE THE VACCINE?

Let us know if your child:

- Has a severe allergy to eggs, gelatine, or certain antibiotics
- Has recently had severe asthma symptoms or is wheezy on the day
- Has a seriously weakened immune system

Also, after vaccination, children should avoid close contact with people who have very weak immune systems for about two weeks—everyone else is fine to be around.

### Q ARE THERE ANY SIDE EFFECTS?

Side effects from the nasal spray are usually mild and short-lived. These may include a runny or blocked nose, headache, reduced appetite, or a slight temperature. Paracetamol or ibuprofen can help if needed.

### Q WE DO NOT EAT PORK PRODUCTS. CAN MY CHILD HAVE A DIFFERENT FLU VACCINE?

Yes. There is an injectable flu vaccine is available that contains no pork (porcine gelatine).

While the nasal spray is generally more effective and painless, we respect your preferences. Just complete the consent form for the injection—no need to fill out both.

### CONSENT INFORMATION

The consent form needs to be signed by a person with parental responsibility which includes:

- Mother: automatic
- Father: if married to the mother either when baby is born or marries subsequently
- Unmarried father: if name appears on birth certificate (since 1/12/03) or legally acquired
- Others: if parental responsibility is legally acquired
- Parental Responsibility Agreement: signed, properly witnessed and sent for registration to Principle Registry or the Family Division (High Court)
- Residence Order: granted by the Court

Please note that young people under the age of 16 can give or refuse consent if considered competent to do so by nursing staff.

### Q NATURAL IMMUNITY

While natural immunity from the flu can occur, it's not generally considered better than vaccine-induced immunity. Natural infection carries the risk of severe illness and complications, whereas the flu vaccine offers protection with significantly less risk. Natural immunity can be long-lasting against specific strains, but we know that the flu virus changes (mutates) overtime so natural immunity to one strain might not protect against a different strain that emerges later. Vaccines are a safer and more reliable way to protect against a wider range of flu viruses.

Flu vaccines are updated for each winter to give protection against the strains of flu that are most likely to be going around. For this reason, we strongly recommend that even if your child was vaccinated last year, they should be vaccinated again this year.

### Q MY CHILD NEEDS A DIFFERENT VACCINE

If your child needs another vaccine you can speak to our team or attend one of our community clinics, all information can be found on our website:

[www.schoolvaccination.uk/catch-up-clinics](http://www.schoolvaccination.uk/catch-up-clinics)

### Q I HAVE MORE QUESTIONS

We run Q&A webinars which address frequently asked questions and gives parents an opportunity to ask their questions. You can find information and how to join on our website.



 Vaccination UK

## Non-Violence Resistance Parenting Programme (NVR) - STARTS SEPTEMBER 26

Starting Date: 26th of September 2025

### About the Programme

This Non-Violent Resistance (NVR) programme is designed specifically for parents from the African Caribbean Heritage Community (ACH) whose children (aged 9-18) may be facing emotional wellbeing or behavioural challenges at home or at school. The programme runs over 12 weeks, with topics including:

- De-escalation strategies
- Strengthening parental presence
- Reconciliation gestures
- Understanding trauma for both parents and children

### What is NVR?

NVR is an evidence-based approach that helps parents and carers develop strategies to manage their children's challenging behaviours, while also building or rebuilding positive relationships with them.

## Criteria to Join

This programme is open to parents from the African Caribbean Heritage Community (ACH) and other parents from different backgrounds who live in City and Hackney. Children must be aged 9 years and above.

To participate, you must meet at least one of the following criteria:

- Be a resident of Hackney or the City
- Have a child who is a resident or attends a school in Hackney or the City
- Work in Hackney or the City

## Unsure about commitment?

Join us on for a tastier class on September 19th at 10am -12pm at:

The Print House, 18

Ashwin Street, London, E8 3DL

Register here for the taster class:

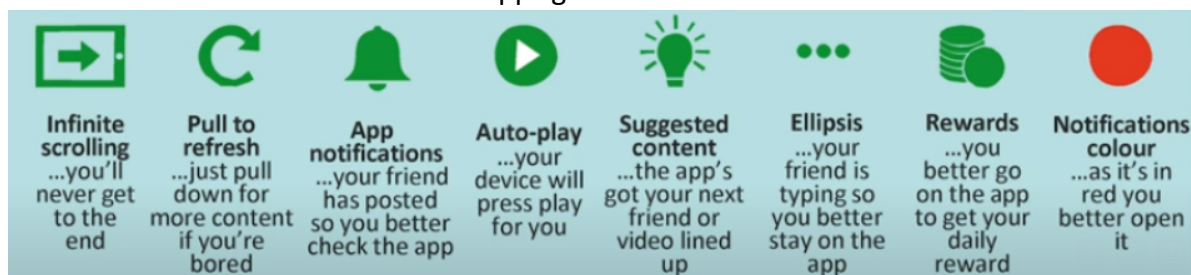
<https://bit.ly/4novaAe>

For further information on the full course starting in September 26th 2025, please contact us at [hamdi.a@acschool.org.uk](mailto:hamdi.a@acschool.org.uk) or call 07484356541.

**[Click this link to book onto the course!](#)**

## Tip for keeping pupils safe online (taken from [saferinternet.org.uk](https://saferinternet.org.uk))

How do apps get us to come back?



## Keeping Children Safe

The safeguarding of the children at St Matthias is our number one priority. We adhere to stringent safeguarding procedures to protect the welfare of all the children who come to our school. We will endeavour to work with parents and carers as it is our duty as a school to protect our children and to keep them safe.

If you have any concerns or queries, please do not hesitate to contact our Designated Safeguarding Lead (Ms Blewett) or the Deputy Designated Safeguarding Leads (Miss Frohock & Mrs Cherid).