

# St Matthias CE Primary School Newsletter

My Identity



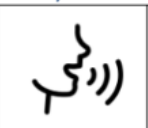
Know who they are

My World



Ask questions about the world around them

My Voice



Use their voices to make a difference

My Future



Aspire to greatness

Friday 5th September 2025



## News from this week:

Welcome back to all our fabulous children and families,

This week we have been setting out all our expectations for behaviour and learning. The children have been getting to know their teachers and enjoying catching up with their friends. We are pleased to have welcomed new children into every class, many of whom have joined us from local schools. Your children will have reading and homework to complete at home- please check in with them about this. Also make sure you speak to them about our school rules: Ready, Respectful, Safe.

We have spoken a lot this week about belonging and what this means to us.

Only three days in and the classes are already so settled! Wishing everyone a great weekend.



## Important dates:

Thursday 4th September -

Wednesday 10th

September

Phased EYFS Start of Term



Wednesday 17th

September

Year 5 & 6 Sports Inspired Trip



Wednesday 1st October

Year 3 & 4 Sports

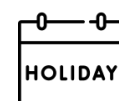
Inspired Trip



Monday 27th - Friday

31st October

Half Term Holiday



Monday 3rd November

INSET Day

Tuesday 4th November

Start of Autumn 2 Term



Monday 22nd December

- Friday 2nd January

Christmas Holidays

Have a look at the St Matthias website and see what each class is learning about this half term!

[EYFS Autumn 1 Curriculum Overview](#)  
[Year 1 Autumn 1 Curriculum Overview](#)  
[Year 2 Autumn 1 Curriculum Overview](#)  
[Year 3 Autumn 1 Curriculum Overview](#)  
[Year 4 Autumn 1 Curriculum Overview](#)  
[Year 5 Autumn 1 Curriculum Overview](#)  
[Year 6 Autumn 1 Curriculum Overview](#)



PE next week - please ensure pupils are in the appropriate PE kit.

**September P.E Days - these days will change each half term**

Monday	Tuesday	Wednesday	Thursday	Friday
Year 5	Year 4	Year 2 Year 1	Year 3 Year 6	EYFS

**News from our classes: What has been the most memorable learning this week?**

**Nursery:**

Starting next week!!

**Reception:**

Starting next week!

**Year 1:**

Year 1 has made a wonderful start to the new school year! The children have settled in brilliantly to their new classroom and are enjoying getting to know their new teachers. They have been busy exploring the different areas of learning and are showing great enthusiasm as they get back into the school routine. It is fantastic to see them already feeling safe, happy and confident in their new classroom.

**Year2:**

What an amazing start to Year 2!

Everyone has been working very hard on establishing routines and thinking about how we look after our classroom and each other.

**Year 3:**

Year 3 have had a wonderful start to the year!  
 We have been focusing on establishing routines and learning how to present our work neatly. Everyone has tried really hard to be resilient and positive. We have also started making predictions about the mystery book that we will be reading in writing.

**Year 4:**

Year 4 have had an amazing start to the year! They have been working hard to make sure we have a calm classroom that's ready to learn. We collaborated together and have made some fantastic class rules that we have all been following. We have been practising our presentation skills so that all of our learning is the best it can be. We have started our new reading book and are very excited to

<p>We have been so positive and really showing that we are ready, respectful and safe learners.</p> <p>We have started making predictions about our book and using maths resources to prove that one ten is the same as ten ones. Well done everyone!</p>	<p>Well done, Year 3!</p>	<p>find out about Gadgetman! Well done everyone!</p>	
<p><b>Year 5 Faith:</b></p> <p>Year 5 have had a great start to the academic year. They have shown great resilience and behaviours for learning. This week we have been focusing on presentation and year 5 have been working hard on this! We have worked on tenths within our maths lesson, using our place value chart. In writing we started looking at our new text, making predictions about the story based on illustrations and within PSHE we looked at the goals that we would like to achieve in year 5! Well done year 5 Faith, very proud and impressed with you all!</p>	<p><b>Year 5 Hope:</b></p> <p>Year 5 Hope class have had an impressive start to the year, showing me that they are engaged and ready to learn. We have been focusing on embedding routines, expectations, and presentation. We have started our academic journey by looking at tenths in maths and making predictions about a new text for our writing. We have also discussed our goals for year 5 and steps to achieve them. It has been a strong, positive start Hope class, well done!</p>	<p><b>Year 6:</b></p> <p>What a successful start to the year! Year 6 have shown a mature and highly-positive attitude towards school, well-done. We did our class charter and worked on our daily routines and expectations this week. We already got stuck into learning as we immersed ourselves into our writing for this term. We spoke about the importance of a growth-mindset and vowed to ourselves that we'll always have one!</p>	

### Hot chocolate Friday!

Pupils enjoyed hot chocolate this week. They have consistently displayed exemplary behaviour and learning.



Nurser y	Reception	Year 1	Year 2	Year 3	Year 4	Year 5 Hope	Year 5 Faith	Year 6
	Raine	Aysia-Leigh	Hansraj	Atarah	Khloe	Romeo	Dolly	Raheem

School value in focus this week **Respect:**

Each week the class teacher nominates a pupil in their class who has shown the school value that was in focus.



The pupils who have shown excellent **respect** are:

Reception	Year 1	Year 2	Year 3	Year 4	Year 5 Hope	Year 5 Faith	Year 6
Amaya	Arina	Marley	Junior	Delaney-Rome	Eliza	Amaya	Israel



## **FLU IMMUNISATION FOR PUPILS IN SCHOOL YEARS RECEPTION - YEAR 11**

**Prevent your child from being seriously ill this winter!  
Vaccinating is crucial in protecting them and  
vulnerable friends and family from flu.**

### **NASAL VACCINE**

No needles - just quick,  
painless, effective flu  
protection  
(contains gelatine)

**OR**

### **THE INJECTION**

We offer a **PORK-FREE,  
GELATINE-FREE** injection  
considered a  
faith-friendly alternative.



Complete this form, even if you do not want the vaccine.

<https://london.schoolvaccination.uk/flu/2025/cityandhackney>

**Secondary School students only:** Young people under the age of 16 can give or refuse consent themselves if considered competent to do so by nursing staff.

### **CONTACT THE TEAM**

✉ [hackney@v-uk.co.uk](mailto:hackney@v-uk.co.uk)  
☎ 0207 613 9146

Need more  
information?  
Please see our FAQs  
sheet attached with  
this letter.

Or visit our  
website:



We endeavour to come to your child's school twice.  
If your child is absent or unable to be vaccinated at  
school, they can still receive this important vaccine by  
attending one of our community clinics for the vaccine.

Details of these can be found on our website or you  
can contact the team above.

Your consent will remain in place for the entire flu season.  
If your child misses a first visit, you do not need to  
complete a second form.

**LEARN MORE**

<https://www.schoolvaccination.uk/flu>  
[www.youtube.com/@vaccinationuk](https://www.youtube.com/@vaccinationuk)





## FREQUENTLY ASKED QUESTIONS

### Q WHY ARE CHILDREN BEING OFFERED THE FLU VACCINE?

Flu can make children feel very unwell and can sometimes lead to serious complications like pneumonia or ear infections. Some may even need hospital treatment. It's especially important for children with long-term conditions like asthma or diabetes, as flu can be more dangerous for them.

### Q HOW DOES THE FLU VACCINE FOR CHILDREN WORK?

The nasal spray contains weakened flu viruses that help your child build protection without causing illness. Because flu strains change each year, the vaccine needs to be given annually. Most children only need one dose.

### Q IS THE FLU VACCINE SAFE FOR CHILDREN?

Yes, it has a very good safety record and has been used for over 10 years in countries like the US without any major concerns. All vaccines available in United Kingdom must pass strict safety testing before being approved for use. The Medicines and Healthcare Products Regulatory Agency (MHRA) only approve vaccines that have gone through rigorous safety testing measures. The regulators continually monitor them all the time.

### Q SHOULD ANYONE NOT HAVE THE VACCINE?

Let us know if your child:

- Has a severe allergy to eggs, gelatine, or certain antibiotics
- Has recently had severe asthma symptoms or is wheezy on the day
- Has a seriously weakened immune system

Also, after vaccination, children should avoid close contact with people who have very weak immune systems for about two weeks—everyone else is fine to be around.

### Q ARE THERE ANY SIDE EFFECTS?

Side effects from the nasal spray are usually mild and short-lived. These may include a runny or blocked nose, headache, reduced appetite, or a slight temperature. Paracetamol or ibuprofen can help if needed.

### Q WE DO NOT EAT PORK PRODUCTS. CAN MY CHILD HAVE A DIFFERENT FLU VACCINE?

Yes. There is an injectable flu vaccine is available that contains no pork (porcine gelatine).

While the nasal spray is generally more effective and painless, we respect your preferences. Just complete the consent form for the injection—no need to fill out both.

### CONSENT INFORMATION

The consent form needs to be signed by a person with parental responsibility which includes:

- Mother: automatic
- Father: if married to the mother either when baby is born or marries subsequently
- Unmarried father: if name appears on birth certificate (since 1/12/03) or legally acquired
- Others: if parental responsibility is legally acquired
- Parental Responsibility Agreement: signed, properly witnessed and sent for registration to Principle Registry or the Family Division (High Court)
- Residence Order: granted by the Court

Please note that young people under the age of 16 can give or refuse consent if considered competent to do so by nursing staff.

### Q NATURAL IMMUNITY

While natural immunity from the flu can occur, it's not generally considered better than vaccine-induced immunity. Natural infection carries the risk of severe illness and complications, whereas the flu vaccine offers protection with significantly less risk. Natural immunity can be long-lasting against specific strains, but we know that the flu virus changes (mutates) overtime so natural immunity to one strain might not protect against a different strain that emerges later. Vaccines are a safer and more reliable way to protect against a wider range of flu viruses.

Flu vaccines are updated for each winter to give protection against the strains of flu that are most likely to be going around. For this reason, we strongly recommend that even if your child was vaccinated last year, they should be vaccinated again this year.

### Q MY CHILD NEEDS A DIFFERENT VACCINE

If your child needs another vaccine you can speak to our team or attend one of our community clinics, all information can be found on our website:

[www.schoolvaccination.uk/catch-up-clinics](http://www.schoolvaccination.uk/catch-up-clinics)

### Q I HAVE MORE QUESTIONS

We run Q&A webinars which address frequently asked questions and gives parents an opportunity to ask their questions. You can find information and how to join on our website.



 Vaccination UK

## Non-Violence Resistance Parenting Programme (NVR) - STARTS SEPTEMBER 26

Starting Date: 26th of September 2025

### About the Programme

This Non-Violent Resistance (NVR) programme is designed specifically for parents from the African Caribbean Heritage Community (ACH) whose children (aged 9-18) may be facing emotional wellbeing or behavioural challenges at home or at school. The programme runs over 12 weeks, with topics including:

- De-escalation strategies
- Strengthening parental presence
- Reconciliation gestures
- Understanding trauma for both parents and children

### What is NVR?

NVR is an evidence-based approach that helps parents and carers develop strategies to manage their children's challenging behaviours, while also building or rebuilding positive relationships with them.

## Criteria to Join

This programme is open to parents from the African Caribbean Heritage Community (ACH) and other parents from different backgrounds who live in City and Hackney. Children must be aged 9 years and above.

To participate, you must meet at least one of the following criteria:

- Be a resident of Hackney or the City
- Have a child who is a resident or attends a school in Hackney or the City
- Work in Hackney or the City

## Unsure about commitment?

Join us on for a tastier class on September 19th at 10am -12pm at:

The Print House, 18

Ashwin Street, London, E8 3DL

Register here for the taster class:

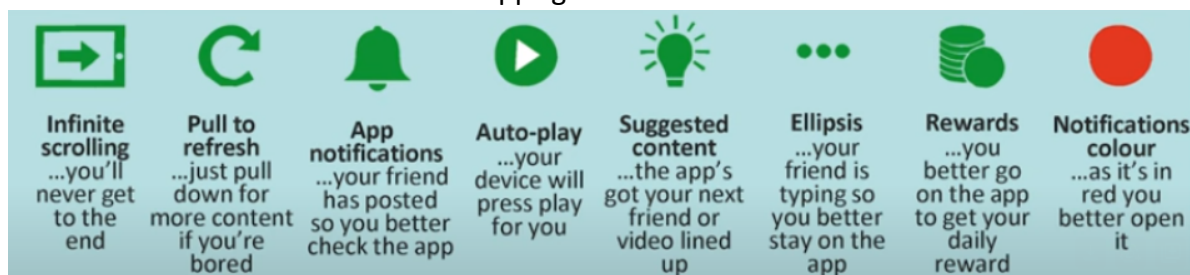
<https://bit.ly/4novaAe>

For further information on the full course starting in September 26th 2025, please contact us at [hamdi.a@acschool.org.uk](mailto:hamdi.a@acschool.org.uk) or call 07484356541.

**[Click this link to book onto the course!](#)**

## Tip for keeping pupils safe online (taken from [saferinternet.org.uk](https://saferinternet.org.uk))

How do apps get us to come back?



## Keeping Children Safe

The safeguarding of the children at St Matthias is our number one priority. We adhere to stringent safeguarding procedures to protect the welfare of all the children who come to our school. We will endeavour to work with parents and carers as it is our duty as a school to protect our children and to keep them safe.

If you have any concerns or queries, please do not hesitate to contact our Designated Safeguarding Lead (Ms Blewett) or the Deputy Designated Safeguarding Leads (Miss Frohock & Mrs Cherid).