



St Matthias CE Primary School Newsletter

**Friday 3rd May
2024**

Latest news from school:

This week, the children were visited by local neighbourhood police to talk about how to stay safe in the community. The children were reminded about stranger danger; keeping safe in their neighbourhoods and who to speak to if they feel unsafe.



Online Safety Support

Every term, we will continue to send out a questionnaire, in case you have any questions about things around online safety. Please submit any questions and we will get back to you.



[Click here for the link to the questionnaire.](#)

Upcoming Coffee Mornings

Please join us from **8:45-9:15** in the **Community Room**. These are opportunities for us to share information with you about a range of subjects. We hope to see as many people as possible.

Summer 1:

Thursday 9th May	Effective questioning in EYFS (Ms Quinney)
Thursday 16th May	No workshop - KS2 SATs Week
Thursday 23rd May	History and Geography (Mr Henderson)

PE next week - please ensure pupils are in appropriate PE kit

Monday	Tuesday	Wednesday	Thursday	Friday
Bank Holiday	Y1 and Y2	EYFS Y3	Y5 Y6	Y4 Swimming

Important dates:

Monday 6th May

Bank Holiday - school closed

W.c.13th May

Year 6 SATs (M-Th)

Saturday 18th May

Hackney Moves Schools Challenge

Thursday 23rd May

Coffee morning:
History and Geography
(8:45-9:15am)

Friday 24th May

Class photos

Last day - finish at 3:30pm

Hot chocolate Friday!

Pupils enjoyed hot chocolate this week. They have consistently displayed exemplary behaviour and learning.

Yr R	Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Yr 6
Kamirah	Ahmed	Joshua	Kayden	Kerem	Cavai	Faith

News from our classes: What has been the most memorable learning this week?

EYFS:

Another busy week in EYFS. We have planted some more seeds including pea shoots, which we are hoping will sprout very soon so we can taste them. We also used cotton wool to plant cress so we will be able to compare them to those planted in soil. In maths we have been decomposing ten and seeing how we can make it out of 5 and another 5!

Year 1:

We have been asking the Lonely Beast interview questions to write into our newspaper report. In humanities, we have been learning about Mary Seacole and how she was an important figure in nursing. We have also been working really hard in maths. We have been solving addition and subtraction problems and we are doing so well!

Year 2:

We have been learning all about money this week! We started by identifying different coins and notes and putting them in order of value. We have also combined different coins together to make the same amount and used our knowledge of addition and subtraction to work out some money problems. In humanities, we have also been thinking about what we would need to take on an expedition with us if we were an explorer and learning about the life cycle of a plant.

Year 3:

This week, year 3 has focused on looking at the Greek myth of Odysseus and the Cyclops. This focus point will help year 3 to build their understanding of myths to aid them in writing their own myth.

Year 3 have also focused on keeping themselves safe online, looking at a range of top tips to keeping safe.

Well done year 3!

Year 4:

We have been exploring fractions this week - learning how to go from a mixed number to an improper fraction and vice versa. We used a range of resources (paper, tomatoes, plates!) to help us understand how fractional parts come together to make a whole and why a numerator might sometimes be bigger than a denominator. In History, we created our very own ancient artefacts where we pretended to be Monks on Holy Islands, attacked by Vikings!

Year 5:

This week, Year 5 had a vibrant mix of activities: they created graphic scores on Music Day, tackled multiplying fractions in maths, and continued their engaging journey through Louis Sachar's "Holes," delving deeper into its intriguing plot and rich characters.

Year 6:

Year 6 has been reading poems this week in Reading. We have been exploring the figurative language used and how the poet creates magic woodland settings through their choice of language.

School value in focus this week: **Collaboration**

Each week the class teacher nominates a pupil in their class who has shown the school value that was in focus.

The pupils who have shown excellent **collaboration** are:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Ryaan & Ahmed	Purple table	Amaya	Taaraz	Paris	Chaneya

Tip for keeping pupils safe online (taken from saferinternet.org.uk)

SMART Rules
 **Safe**

Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.

 **Meet**

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

 **Accepting**

Accepting emails, messages, or opening files, images or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

 **Reliable**

Someone online might lie about who they are and information on the internet may not be true. Always check information.

 **Tell**

Tell a parent, carer or a trusted adult if someone, or something, makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

https://www.youtube.com/channel/UCoP_ymSdwEBhB530cmcBW_g?app=desktop

Keeping Children Safe

The safeguarding of the children at St Matthias is our number one priority. We adhere to stringent safeguarding procedures to protect the welfare of all the children who come to our school. We will endeavour to work with parents and carers as it is our duty as a school to protect our children and to keep them safe.

If you have any concerns or queries, please do not hesitate to contact our designated safeguarding lead (Ms Baez) or leadership team (Ms Martin/Ms Frohock/Mrs Blewett)



WAMHS Newsletter - May 2024



Dear parents, please sign up for the free courses!

https://technology-trust-news.org/cr/AQjOmwUQx7TwBhianOJw6_aG-4zdAdDfCl_90uoBn26LbC47tJo5Q00NxpelzBA

Keeping Children Safe Online

Get help and support

There are lots of organisations who work to support families and children. Visit childnet.com/get-help if you're worried about an online concern.

NSPCC 0808 800 5000
nspcc.org.uk
Free support and advice for adults concerned about the safety or wellbeing of a child.

family lives 0808 800 2222
familylives.org.uk
Free support and advice on any aspect of parenting and family life.

YOUNGMINDS 0808 802 5544
youngminds.org.uk
fighting for young people's mental health
Free support and advice on how to support young people's mental health and wellbeing.

Helplines for children & young people

childline 0800 11 11
childline.org.uk
Providing help and support for under 18s.

THE MIX 0808 808 4994
themix.org.uk
Providing help and support for 13-25 year olds.

 @childnet

 @childnetinternational



Pupil Attendance and Punctuality

As a school it is really important that we keep accurate records of the children's attendance and punctuality. If your child is unwell, or will be absent from school for any reason, please telephone the school office and speak to Ms Janiece to report the absence. Alternatively you can email on: admin@st-matthias.hackney.sch.uk

It is important that we have this information by 9:00 am at the latest.

Family Support Drop-in



All welcome!

Need help or advice
with housing?

Fussy
Eating

Want to talk to someone
about parenting?

Citizens Advice
Bureau (CAB)

Advice or help with finding
child care?

Come and meet Farin and Dionne
for a chat and advice.

*Every fortnight Wednesday starting
from 24th April 2024 at the
Community room 3.15 to 3.45pm*



Farin Fanifosi
Family Support Worker
Contact: 07510 378 412



Dionne Collins
Family Support Worker

 Hackney

Helplines to Support Wellbeing and Mental Health

The logo for Samaritans, featuring the word "SAMARITANS" in white capital letters on a green rectangular background.

To talk about anything that is upsetting you, you can contact Samaritans 24 hours a day, 365 days a year. You can call 116 123 (free from any phone), email jo@samaritans.org or visit some branches in person.

The logo for The Mix, featuring the words "THE MIX" in large, colorful, block letters (yellow, red, blue, pink, yellow, blue) with the tagline "Essential support for under 25s" in smaller black text below.

If you're under 25, you can call The Mix on 0808 808 4994 (3pm–midnight every day), request support by email [using this form on The Mix website](#) or [use their crisis text messenger service](#).

The logo for SANE, featuring a stylized blue line drawing of a person's head and shoulders above the word "SANE" in bold red capital letters.





















If you're experiencing a mental health problem or supporting someone else, you can call SANEline on 0300 304 7000 (4.30pm–10pm every day).

The logo for Campaign Against Living Miserably (CALM), featuring the words "CAMPAIGN AGAINST LIVING MISERABLY" in bold black capital letters on a white background with a black shadow effect.

Campaign Against Living Miserably (CALM). You can call the [CALM](#) on 0800 58 58 58 (5pm–midnight every day) if you are struggling and need to talk. Or if you prefer not to speak on the phone, you could try the [CALM webchat service](#).

Zones of Regulation

We use Zones of Regulation across the school to support us to articulate our feelings. We encourage all parents and carers to use the language of zones at home too:

 Green Zone	 Yellow Zone						
 happy	 calm	 good	 ready to learn	 excited	 silly	 confused	 worried
 Blue Zone	 Red Zone						
 sick	 sad	 bored	 tired	 mad	 angry	 terrified	 furious