



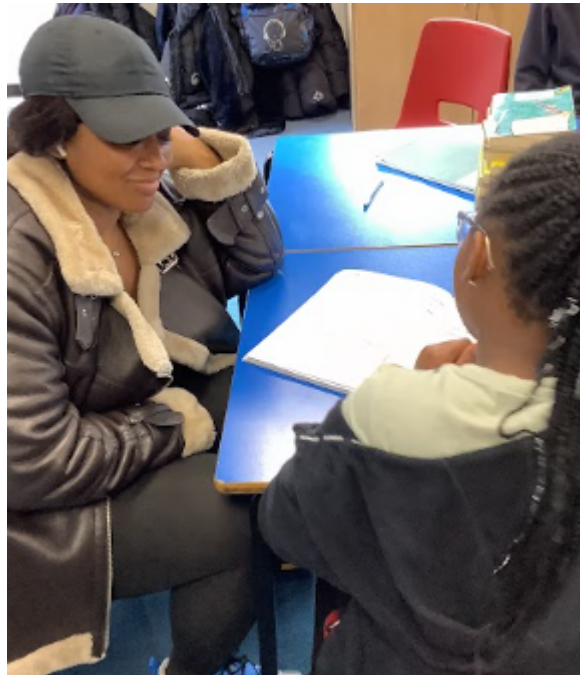
St Matthias CE Primary School Newsletter

Friday 22nd March
2024

Latest news from school:

Science Week Learning Share

A heartfelt thank you to the parents who joined us for our in-class science share! Your presence added to the excitement as we showcased our scientific discoveries and experiments.



Important dates:

Thursday 28th Mar:

Last day of term
3:30pm Finish. Clubs
are still running.

Sports sessions
throughout the day -

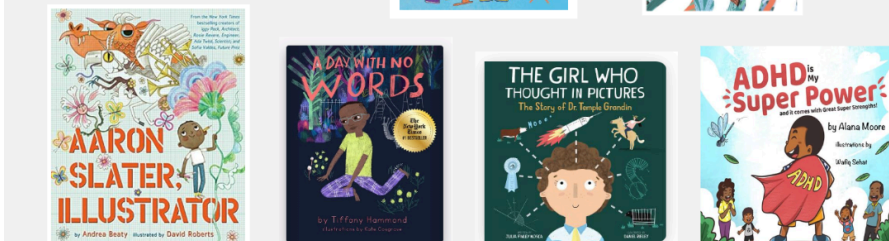
All pupils to wear
sports kit

Neurodiversity Week

The children have been celebrating Neurodiversity Week learning lots about autism, ADHD and dyslexia. Each class had a book to read about covering these important types of neurodiversity to support us to understand the differences many people with neurodiversity have made (and continue to make) to our world.

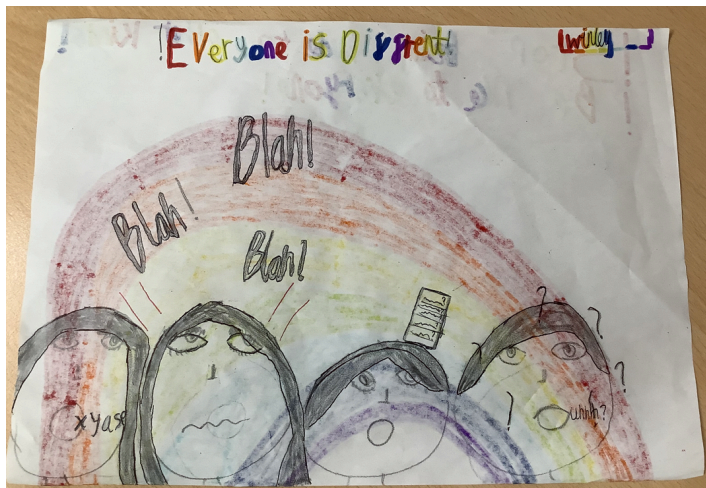
Recognising and Celebrating Differences

Neurodiversity Week is a chance to learn that everyone is unique and has their own strengths.



Neurodiversity Poster Competition

We launched our celebrating neurodiversity poster competition this week. We have received a flurry of entries from Year 4 (well done Year 4!). The winning KS1 and KS2 entries will be announced after the Easter break. Here is our first entry (created by Winley) to inspire some ideas for other classes:



Neurodiversity Coffee Morning

Thank you to our parents and carers who attended this week's coffee morning on neurodiversity. Here are the links we covered and discussed:

[What is autism](#)

[Talking to your child about autism - CBeebies - BBC](#)

[Neurodiversity Early Years & KS1 Service - ADHD Foundation](#)

[Neurodiverse Parenting](#)

[Widgit Online](#)

Books for Children about Neurodiversity

[All Dogs Have ADHD by Kathy Hoopman](#)

[All Cats Are On The Autism Spectrum by Kathy Hoopman](#)

[Pablo Picks His Shoes by Pablo \(9780241415757/Paperback\) | LoveReading4Kids](#)

Dyslexia

[Guidance for parents - British Dyslexia Association](#)

[Free Dyslexia Pre-Screener for Ages 5-7 | Nessy](#)

[Diagnostic Assessments for Dyslexia or Dyscalculia](#)

Upcoming Coffee Mornings

Please join us from **8:45-9:15** in the **Community Room**.

These are opportunities for us to share information with you about a range of subjects. We hope to see as many people as possible.

Summer 1:

Thursday 18th April	Razzamataz Theatre School (Razzamataz and Ms Baez)
Thursday 25th April	Supporting pupils with literacy difficulties (EP and Ms Baez)
Thursday 2nd May	Oracy: the impact of spoken language (Ms Martin)
Thursday 9th May	Effective questioning in EYFS (Ms Quinney)
Thursday 16th May	No workshop - KS2 SATs Week
Thursday 23rd May	History and Geography (Mr Henderson)

PE next week - please ensure pupils are in appropriate PE kit

There's no PE or swimming for Y4 this week

Monday	Tuesday	Wednesday	Thursday	Friday
Y5	Y1 and Y2	EYFS Y3	Y6 Whole school to wear PE kit	No School

Hot chocolate Friday!

Pupils enjoyed hot chocolate this week. They have consistently displayed exemplary behaviour and learning.

Yr R	Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Yr 6
Inaaya	Aishat	Crystal	Mouhamed	Samuel	Diamond	Travaughn

News from our classes: What has been the most memorable learning this week?

EYFS:

What a busy week in EYFS! We had a lovely road safety workshop where we practised "Stop, Look, Listen and Think". In Art we have been practising colour mixing all week and making secondary colours, and mixing different shades with white. Finally we talked about which foods are healthy for us and made a delicious fruit salad all together! Great job everyone.

Year 1:

We have tried so hard at assessment week this week! In humanities, we have been loving learning about Blue Planet and looking at how many layers there are in the ocean and what lives in each of them. We also took part in a road safety workshop and learnt how to effectively cross the road.

Year 2:

We have worked very hard to complete our assessments this week and really showed how resilient we can be!
We also took part in a road safety workshop, continued our work on the seven continents of the world and designed a special meal to share with friends just like Jesus did with his disciples.

Year 3:

Year 3 have worked incredibly hard throughout assessment week, everyone has shown resilience and for that I am extremely proud! Well done year 3!

Year 4:

We have been busy beavering away at our assessments and really showing that value of 'resilience'. We have tried our best every day and can't wait to share our learning on parents evening!

Year 5:

This week in Year 5, we embarked on a literary adventure, crafting vivid fictional narratives inspired by the legendary footballer Lily Parr. Students honed their writing skills, weaving dialogues and using commas for parenthesis to add depth to their stories.

Year 6:

Year 6, have been preparing for their SATs assessments in May. This week's assessment week has been a chance to apply all that we have learnt. We were so so proud of their resilience and hard work. Well done Year 6!

School value in focus this week: **Kindness**

Each week the class teacher nominates a pupil in their class who has shown the school value that was in focus.

The pupils who have shown excellent **kindness** are:

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Elira	Remie	Safiyah	Asmin	Winley	Jeremy	Year 6

Tip for keeping pupils safe online (taken from [saferinternet.org.uk](https://www.saferinternet.org.uk))

 **Encourage reporting**

Reporting is a practice that can work towards making the internet a safer place for all. Ignoring a piece of harmful online content can lead towards others experiencing harm. Encourage discussion around the importance of children and young people reporting upsetting content to a parent, carer, or trusted adult. This can add to further awareness and critical thought around what is harmful online content and ways we can all tackle it.

https://www.youtube.com/channel/UCoP_ymSdwEBhB530cmcBW_g?app=desktop

Keeping Children Safe:

The safeguarding of the children at St Matthias is our number one priority. We adhere to stringent safeguarding procedures to protect the welfare of all the children who come to our school. We will endeavour to work with parents and carers as it is our duty as a school to protect our children and to keep them safe.

If you have any concerns or queries, please do not hesitate to contact our designated safeguarding lead (Ms Baez) or leadership team (Ms Martin/Ms Frohock/Mrs Blewett)

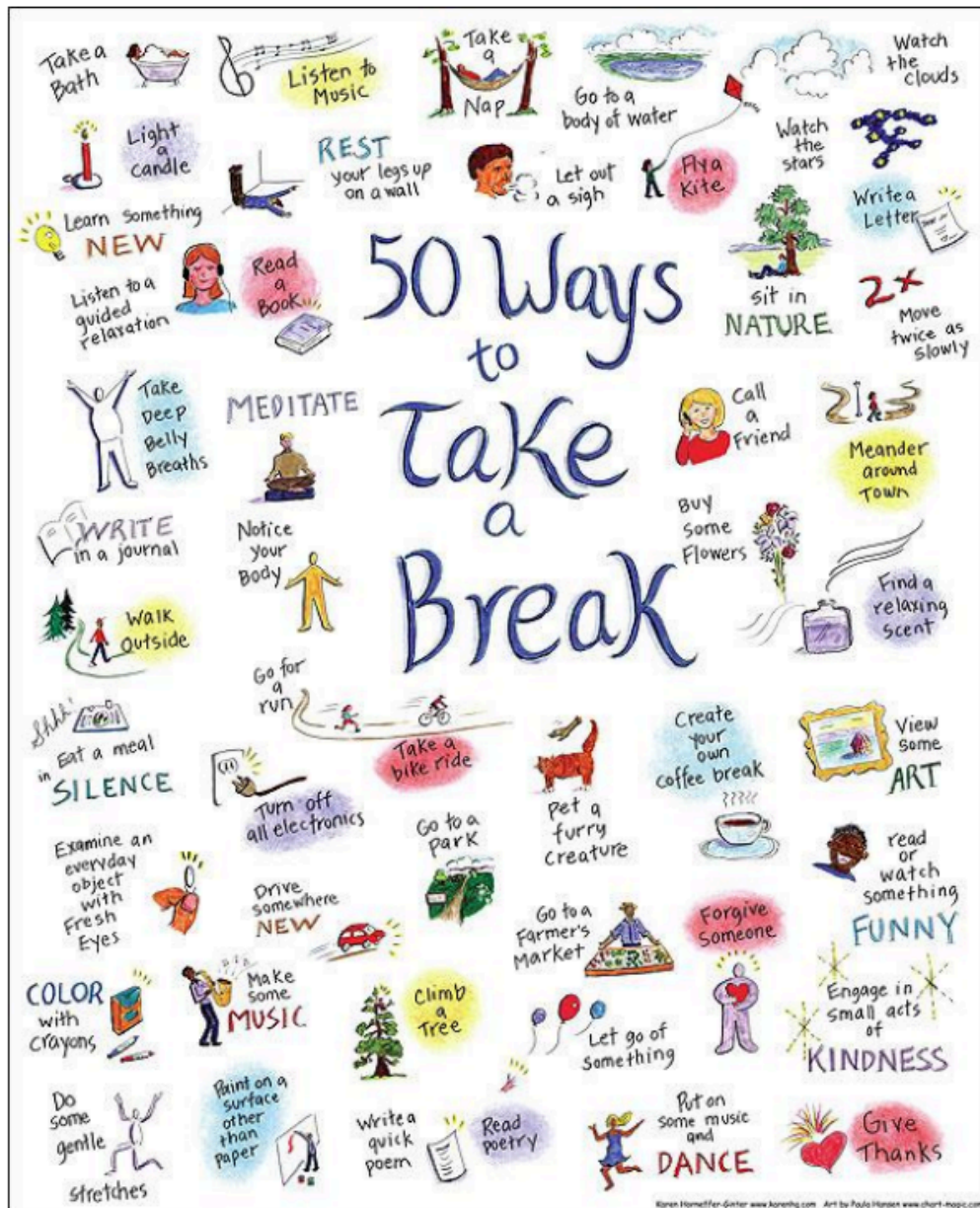
Pupil Attendance and Punctuality

As a school it is really important that we keep accurate records of the children's attendance and punctuality. If your child is unwell, or will be absent from school for any reason, please telephone the school office and speak to Ms Janiece to report the absence. Alternatively you can email on: admin@st-matthias.hackney.sch.uk

It is important that we have this information by 9:00 am at the latest.

Wellbeing

Here are some lovely short ideas that support our physical and mental wellbeing. *How many have you tried this week?*



Helplines to Support Wellbeing and Mental Health

SAMARITANS

To talk about anything that is upsetting you, you can contact Samaritans 24 hours a day, 365 days a year. You can call 116 123 (free from any phone), email jo@samaritans.org or visit some branches in person.



If you're under 25, you can call The Mix on 0808 808 4994 (3pm–midnight every day), request support by email [using this form on The Mix website](#) or [use their crisis text messenger service](#).








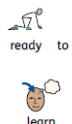



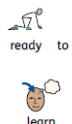













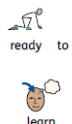
































If you're experiencing a mental health problem or supporting someone else, you can call SANEline on 0300 304 7000 (4.30pm–10pm every day).



Campaign Against Living Miserably (CALM). You can call the [CALM](#) on 0800 58 58 58 (5pm–midnight every day) if you are struggling and need to talk. Or if you prefer not to speak on the phone, you could try the [CALM webchat service](#).

Zones of Regulation

We use Zones of Regulation across the school to support us to articulate our feelings. We encourage all parents and carers to use the language of zones at home too:

  <p>Green Zone</p> <table border="1"><tbody><tr><td> happy</td><td> calm</td><td> good</td><td> ready to learn</td></tr></tbody></table>	 happy	 calm	 good	 ready to learn	  <p>Yellow Zone</p> <table border="1"><tbody><tr><td> excited</td><td> silly</td><td> confused</td><td> worried</td></tr></tbody></table>	 excited	 silly	 confused	 worried
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  <p>Blue Zone</p> <table border="1"><tbody><tr><td> sick</td><td> sad</td><td> bored</td><td> tired</td></tr></tbody></table>	 sick	 sad	 bored	 tired	  <p>Red Zone</p> <table border="1"><tbody><tr><td> mad</td><td> angry</td><td> terrified</td><td> furious</td></tr></tbody></table>	 mad	 angry	 terrified	 furious
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