

St Matthias Church of England Primary School

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Executive Principal: Sian Davies • Head Teacher: Lucy Blewett



December 2023

Dear Parents/ Carers of Year 4 children

We are pleased to let you know that your child will start swimming lessons in the spring term (Jan - Mar). Lessons are a compulsory part of the PE Curriculum and children are expected to attend every week. Swimming is an essential life skill and the Government has set a target for all children to swim at least 25 metres by the end of Year 6.

Swimming lessons take place at Clissold Park Leisure Centre and the children walk from school to the centre. We pay the Leisure Centre's qualified swimming instructors to teach the lessons. During the first session the children will be assessed and sorted into ability groups accordingly.

The children will need:

- A swimming costume and towel in a suitable bag
- A swimming hat (girls and boys)
- Boys swim shorts must be above knee length
- Girls are not allowed to wear a bikini

Your child will be starting swimming lessons from Friday 12th January 2024. Lessons are every Friday afternoon, Y4 will have their lunch at 11:30 and make their way to Clissold Leisure centre at 12:15pm.

This will last for the whole term as we try to ensure that children have water confidence and skills in the water. Please ensure you send your child to school with a towel, swimming hat and suitable bag to carry to swimming every Friday.

Yours sincerely,

Ms Cherid