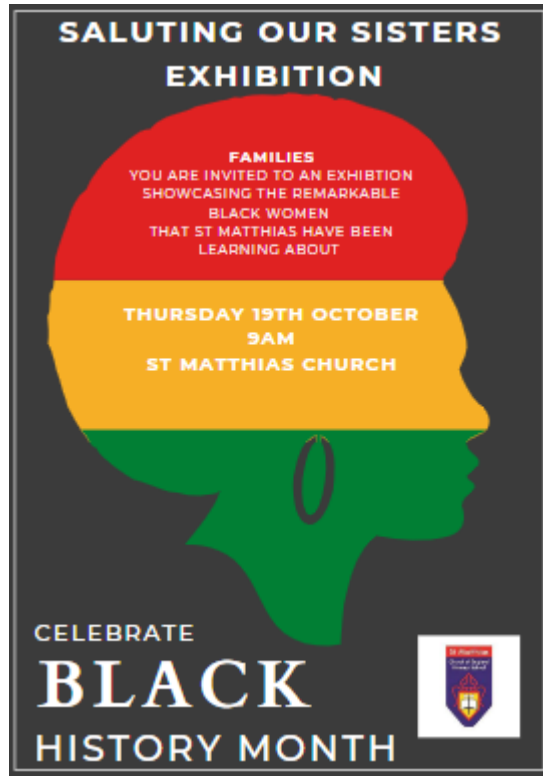




St Matthias CE Primary School Newsletter

**Friday 13th
October
2023**

Latest news from school:



There is **NO** inset day after half term so ALL children are due back at school on **Monday 30th October**.

Last day of term will now be on Wednesday 20th December.

Coffee Mornings and Parent Workshops

Please join us from **8:45-9:15** in the **Community Room**.

These are opportunities for us to share information with you about a range of subjects. We hope to see as many people as possible.

Autumn 2:

Thursday 2nd November	Handwriting
Thursday 9th November	Meet the WAMHS clinician (focus on behaviour)
Thursday 16th November	Online Safety
Thursday 23rd November	Routines for pupils with SEND
Thursday 30th November	Oracy (speaking and listening) <i>Moved from Autumn 1</i>
Thursday 7th December	EYFS and KS1 Maths
Thursday 14th December	KS2 Maths

Important dates:

Monday 16th October:

Y2 Trip to St Paul's Cathedral

Y5 Trip to the British Museum

Thursday 19th October:

Black Women in History Exhibition
9:00-9:30

Friday 20th October

Last day of term
3:30pm collection

Monday 30th October

ALL children return to school

Thursday 2nd November:

Coffee Morning -
Handwriting
8:45-9:15

Thursday 9th November:

Coffee Morning -
WAMHS 8:45-9:15

Tuesday 14th November:

Individual/Sibling
Photos
9:00am

Tuesday 14th November:

Parents Evening
times tbc

Meet our Oracy Champions!



Le'Shayne, Maya, Samuel and Jeremiah have been selected because they:

- Articulate themselves well
- Show fantastic listening skills
- Consider the opinions of others
- Adapt the way they communicate

PE next week - please ensure pupils are in appropriate PE kit				
Monday	Tuesday	Wednesday	Thursday	Friday
Y4	Y1 and Y2	EYFS Y3	Y6	Y5 (swimming)

Hot chocolate Friday!

Pupils enjoyed hot chocolate this week. They have consistently displayed exemplary behaviour and learning.

Yr R Phebe	Yr 1 Maya	Yr 2 Preet	Yr 3 Asmin	Yr 4 Lachlan	Yr 5 Abigail	Yr 6 Zena
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Thursday 16th

November:

Coffee Morning -

Online Safety

8:45-9:15

News from our classes: What has been the most memorable learning this week?

EYFS:

We have been learning about the season of Autumn and the wonder of the natural world. We have been collecting leaves and conkers, and creating Autumn art. On Wednesday we went on our first trip to Butterfield Green Park, where we sang autumn songs and enjoyed a snack all together. Well done EYFS for joining in with our first trip!

Year 1:

This week we have been celebrating black history month! We have been looking at Betty Campbell, the first black headteacher, and learning about the challenges she faced to achieve her goals. We have also been designing our dream school and choosing what St Matthias values we think are most important.

Year 2:

This week we have been writing all about the life of Naomi Campbell for our Black History Month project. We have also been practising using commas to separate a list effectively and on Friday we dedicated a whole day to Art and D&T where we experimented with mark making techniques and drew portraits.

<p>Year 3: This week the children have been learning about Dame Linda Dobbs. To help develop children's understanding of what makes her important, we dived into looking at her early life, education and career. This information helped year 3 write a report about her. Well done year 3!</p>	<p>Year 4: We have had a significant update on our teeth experiment which has taught us why it's so important to brush our teeth every day. Our BHM focus person has been Valda James and we've loved learning about her fearless activism.</p>	<p>Year 5: This week in Year 5, we embarked on a thrilling journey into space with Dr. Maggie Aderin-Pocock as our inspiration. We created incredible space-age artworks that showcased our creativity and imagination. Additionally, we delved into Dr. Maggie's childhood through her memoir, gaining insights into her inspiring life.</p>															
<p>Year 6: The class has been learning about the achievements that Dr Anne Marie has had. We have been creating fact files and pieces of artwork to celebrate her, ready to share at our Black History Month showcase next week!</p>																	
<p>School value in focus this week: Collaboration</p> <p>Each week the class teacher nominates a pupil in their class who has shown the school value that was in focus.</p> <p>The pupils who have shown excellent Collaboration are:</p> <table border="1" data-bbox="212 1010 1394 1151"> <thead> <tr> <th>Year R</th> <th>Year 1</th> <th>Year 2</th> <th>Year 3</th> <th>Year 4</th> <th>Year 5</th> <th>Year 6</th> </tr> </thead> <tbody> <tr> <td>Omotayo</td> <td>Ahmed</td> <td>Sharon</td> <td>Ellis</td> <td>Israel</td> <td>Jeremiah</td> <td>Latifah</td> </tr> </tbody> </table>				Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Omotayo	Ahmed	Sharon	Ellis	Israel	Jeremiah	Latifah
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<p>Online guidance for supporting your children at home:</p> <p>A reminder of the web address for our school YouTube Channel. There are lots of useful short clips; for example, maths strategies which we use at school.</p>																	
<p>https://www.youtube.com/channel/UCoP_ymSdwEBhB530cmcBW_g?app=desktop</p>																	
<p>Keeping Children Safe: The safeguarding of the children at St Matthias is our number one priority. We adhere to stringent safeguarding procedures to protect the welfare of all the children who come to our school. We will endeavour to work with parents and carers as it is our duty as a school to protect our children and to keep them safe. If you have any concerns or queries, please do not hesitate to contact our designated safeguarding lead (Ms Baez) or leadership team (Ms Martin/Ms Frohock/Mrs Blewett)</p>																	



Pupil Attendance and Punctuality

As a school it is really important that we keep accurate records of the children’s attendance and punctuality. If your child is unwell, or will be absent from school for any reason, please telephone the school office and speak to Ms Janiece to report the absence. Alternatively you can email on: admin@st-matthias.hackney.sch.uk

It is important that we have this information by 9:00 am at the latest.

STARTING AFTER THE OCTOBER HALF TERM!
 The Family Coach Service - 6 Week Parent Empowerment Groups

Would you like to meet other parents who may have similar parenting experiences?
 If you've answered yes, our group could be for you!

For families with children that have special educational needs. No formal diagnosis or EHCP required.



100% of parents who attended previous groups would recommend the groups!

'It's nice to meet other parents that are going through similar things as me'

'I now believe that I am a good mum and am doing my best'

MONDAYS
 9:30 - 10:30 AM

Parkwood Primary School
 Increasing confidence and reducing stress

TUESDAYS
 9:30 - 10:30 AM

Haggerston School
 Finding tools for a successful school year

WEDNESDAYS
 5:30 - 6:30PM

Online
 Increasing confidence and reducing stress as a parent

THURSDAYS
 9:30 - 10:30 AM

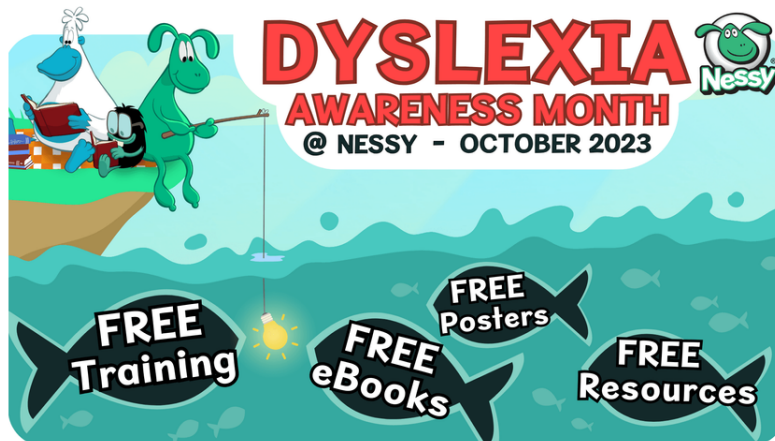
Thomas Fairchild Community School
 Finding tools for behaviour

FRIDAYS
 9:30 - 10:30 AM

St John and St James Primary School
 Increasing confidence and reducing stress as a parent

10 spaces available. Please send us an email to book your place today familycoach@hackney.gov.uk

Dyslexia Awareness Month 2023



Understanding Dyslexia FREE parent edition

Get it free

A short course to quickly learn the basics of dyslexia

Learn how to identify it, and how to help.

Link to course for parents:

<https://www.nessy.com/en-gb/product/understanding-dyslexia-free-parent-edition-for-dyslexia-awareness-month>

CAMHs Update

Wellbeing and Mental Health in Schools (WAMHS) project

The City & Hackney Child and Adolescent Mental Health Services (CAMHS) Alliance are currently involved in a service redesign project that aims for **closer integration** between Well-being and Mental Health in Schools Services (WAMHS) and the Mental Health Support in School Team (MHST). As part of this process, we are inviting the school community to consultations to hear about WAMHS & MHST and to give feedback and views about experiences and changes needed.

The time of the online parent/carer forum is **Monday 30th October at 7-8pm.** Attendees will receive £20 voucher. Please register to attend and receive a Zoom link via: <https://bit.ly/45b8zwq>

MENTAL HEALTH IN SCHOOLS

CONSULTATION ON SERVICE DEVELOPMENT FOR PARENTS AND CARERS

Your opportunity to give your views on the development of the Wellbeing and Mental Health in Schools services
Each parent/carer participant will receive a £20 voucher



OCTOBER 30TH
7PM TO 8PM

Use the link below or the QR code to register and receive the Zoom link
<https://bit.ly/45b8zwq>



Please visit our school website for more top tips!

<https://www.st-matthias.hackney.sch.uk/children/well-being-2/well-being/>

School Parliament Update

Next week our school parliament will be visited by Deputy Mayor Bramble. Deputy Mayor Bramble will meet the team so they can learn about the role of local councillors and she will share her insights and experiences in local governance in Hackney. We are looking forward to welcoming Deputy Mayor Bramble to St Matthias. Our school parliament will also visit the Houses of Parliament in the Spring term.





To help celebrate World Mental Health day, here's 6 ways to...

Improve Your Wellbeing



01

Practice Positive Mindset

Positive mindset, positive life. We approach discomfort in a more positive and productive manner when we think positively.

02

Exercise Regularly

A body that has been conditioned to exercise on a regular basis is healthier and stronger.

03

Eat organic food

Organic food is grown without the use of unneeded chemicals. As a result, it is better for the body.

04

Practice mindfulness and gratitude

Being grateful entails accepting what we already have and letting go of what we don't, which can help us feel better about ourselves.

05

Drink lots of water

Water has a crucial function in human life. Drinking plenty of water offers numerous health benefits.

06

Maintain a work-life balance

Achieving work-life balance is said to be beneficial to both mental and physical health.

