

St Matthias Church of England Primary School

Wordsworth Rd, London N16 8DD

Tel: 0207 254 1148 • Fax: 0207 275 9215 • Email: admin@st-matthias.hackney.sch.uk



Executive Principal: Sian Davies • **Headteacher:** Lucy Blewett

8th June 2023

Dear parents and carers,

As part of the curriculum at St Matthias, our goal is to promote personal wellbeing and development through a clear age and stage-appropriate programme of Personal, Social, Health and Economic (PSHE) education. We have tailored the [Jigsaw](#) programme to suit our pupils, in order to give them the knowledge, attitudes and practical skills to live healthy, safe and fulfilled lives, and to prepare them for the world around them.

As you may already know, a few years ago, the Department for Education (DfE) also announced changes to Relationships and Sex Education (RSE), following a nationwide consultation. The statutory guidance for this can be found [here](#).

The guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers topics relating to physical and mental wellbeing, where our pupils can learn about the emotional, social and physical aspects of growing up and equip them with the skills needed to navigate these things. Due to this, relationships, along with health education, are a statutory part of the National Curriculum, which all pupils will be taught at the appropriate age and stage of development.

The DfE also recommends that all primary schools should have a sex education programme tailored to the age, physical and emotional maturity of their pupils. Where we teach this, parents and carers will have the right to withdraw their child; although we encourage all to participate in the learning. You will have received a letter already, asking if you would like to withdraw your child from these lessons, if applicable (Y4 and Y6). It is important to note that pupils cannot be withdrawn from what is taught in the Science National Curriculum.

Please see the following links for additional information on what PSHE and RSE look like at St Matthias:
[Curriculum Overview](#)
[Parent/Carer Q&A with teaching materials](#)
[Current Relationships, Sex and Health Education policy](#)

As a school and Federation, we have been reviewing our Relationship and Sex Education (RSE) and Health Education policy, to ensure that our provision is appropriate for all of our pupils. As part of this process, we would appreciate your views. **Please complete the form below by Wednesday 14th June:** <https://forms.gle/5sAqvWEjGhwSY7NfA>

If you have any additional queries or concerns, please contact me or our PSHE lead, Ms Zerrouki.

Many thanks,

Ms Martin
Deputy Headteacher
