

# Home Learning Introduction: Topic 1

We hope you are all keeping safe and well. The following activities are based around the theme of '**Food**'. These may be of help to you, particularly if you are trying to manage several children's needs or have limited access to the Internet.

Page 1: activities – no IT needed

Page 2: web links- if you have internet access

*The most important thing is that you are calm for your children and should only do whatever you can manage. Remember that children also learn a lot through play such as Lego and playing games and even through chores such as helping to prepare a meal. Great learning can happen when it's not adult directed.*

The following help with alleviating stress:

- Connect with others – arrange a time for your children to connect with friends (and you too!)
- Exercise
- Do things you all enjoy together
- Don't focus too much on the news
- Share and talk about feelings – all feelings are okay!

## Maths

### The cost of cans

How many tin/can food items can you find in your cupboards? If half the tins cost £1.00 and the other half cost 50p-What would be the total cost? Choose another two coins and do the same-pricing half and half. Can you do the same with different notes: £5, £10, £20, £50?

### Have you had your five a day?

Make sure you are counting five fruit and vegetables a day and keep count of each family member. For all of your family members to have 5 fruits a day for a week, how many fruits would you need?



### Scale it up

Pancake recipe  
-100g plain flour  
-2large eggs  
-300ml milk  
-1 tablespoon of vegetable oil (serves 6 people)  
Try making this recipe.

If I want to make pancakes for 12 people how much of each ingredient would I need? What about 3 people?



## Literacy

### Use your senses

Think about your favourite meal/think to eat. Write a description for someone who has never eaten it! What does it look like, smell like, taste like? How does it make you feel? Use adjectives and adverbs to help you. Can you persuade them why it is the best meal?



### Be a foodie poet!

Michael Rosen wrote a poem about Chocolate cake.  
Can you write a poem about food/favourite meal(s)  
It could be ...  
An acrostic poem, A rap  
You could write a poem about all the food you like or dislike. Each line starts with  
I like ....  
But I don't like ...  
Try to keep the line length and rhythm the same. Think about the syllables/alliteration, onomatopoeia and other poetic techniques.

### Reviewer and critic!

Draw and write a food review of your favourite food for a newspaper.  
OR  
Be a restaurant critic: Review your lunch or dinner and write an article reviewing it for the local newspaper. What did you like about your meal/the restaurant? What was the service like? How persuasive can you be in your review so people will know your restaurant is the best!

## Science

### It's a wrap

Look through the kitchen. How many foods can you find that are in different packages. Can you group them into different materials? What categories will you use? Write a brief explanation about why the packages may be different. Which one will work best and why? Could you group the contents into solids/liquids/gases?



### The Future of food

What types of food do you think we'll have in the future?  
**Are we healthy eaters?**  
Design a short survey to ask members of your friends and family (in person or over the phone!) what types of food they eat. Tally their responses. Can you turn that information into a bar chart? You could ask about food groups e.g. protein, carbohydrates or dairy, vegetables etc.

### Whom eats whom?

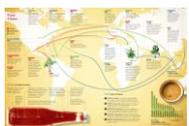
**Food chains**  
What type of eater are you?  
An herbivore, a carnivore, or an omnivore?  
Make your own food chain.  
Remember a food chain always starts with a producer – an organism that makes food like a green plant?  
Example food chain:  
Grass-grasshopper-frog-snake-hawk



## Humanities

### Where does it come from?

Choose 4 ingredients/packages in your cupboards. Have a look at the packaging – find out Where does the food come from?  
Make your own style of map to show where it comes from and how it might have had to get to your home..



### Where in the world?

Match traditional dishes to places around the world.  
Ask parents/carers and grandparents / friends how food has changed over the years. What were their favourite foods when they were growing up? What treats did they have? Could they order take aways?



### Did you know?

Find out information and make it into a true or false quiz!  
What was the most important crop to the Egyptians? Why?  
What was a typical breakfast for a Roman soldier?  
What would Henry VIII have eaten for his dinner?  
Who bought the potato to England? Where did the potato come from?  
Who invented the first knife and fork?  
How packaging has changed and developed?

## Fabulous, fantastic food! Home learning

### Wellbeing and PSHE

What types of food do we enjoy eating as a family?  
What foods are traditional to our family?  
Think about the times when lots of people would eat to celebrate – make a list of 'when' and the types of food.  
Why do you think food is important in celebrations?  
Why should we eat well?

### Things to practice/do every day

Reading, phonics/spellings, times tables, number bonds

## Creative Arts

### Inspired by Warhol

Choose a packet of food from your kitchen. Can you draw it with all the detail. Then try again but change the colours to be different. How many combinations can you do?

OR

### What can you see?

Observational drawings and painting. Look closely at fruit and vegetables. Can you look carefully and try to draw what you see. Look at shading, texture and tone.



### Be the next Coca-Cola

Think about a food that you want to create a new and eye-catching packaging for. Remember the more exciting and colourful it is then more people will remember it: What will you include on it? What will it be called? What information so you need to include? Look at some packages to get ideas. What materials could you use that aren't plastic?

### Menu designer

Design a new healthy school menu – try to illustrate it and describe it briefly for children to choose from.

### Music: The food symphony!

Use packets/ cartons/bottles (empty of full!). Try to create a piece of music from the sounds they make.  
Which ones are soft/loud? High or low sound?  
Can you make it into a musical score by drawing the packet and for how long should it be played?  
Can you make 2 or more sounds at the same time. Once you have written it can you perform it for someone at home or get them to perform it? You could video it to share!

## Maths

### More activities using money

3-5 years  
<https://www.topmarks.co.uk/maths-games/3-5-years/money>

5-7 years  
<https://www.topmarks.co.uk/maths-games/5-7-years/money>

7-11 years  
<https://www.topmarks.co.uk/maths-games/7-11-years/money>

See what counts as our five day  
<https://www.nhs.uk/leave-well/eat-well/5-a-day-what-counts/>

20 Easy ways to get your five a day  
<https://www.bhf.org.uk/information-support/heart-matters-magazine/nutrition/5-a-day/get-your-5-a-day>

<https://www.bbcgoodfood.com/recipes/easy-pancake>

### Other recipe ideas

<https://www.bbcgoodfood.com/recipes/collektion/kids-cooking>

## Literacy

**Michael Rosen Chocolate Cake:** <https://www.youtube.com/watch?v=7BxQLITdOOc>

<https://www.puffinschools.co.uk/wp-content/uploads/2019/03/Puffin-Schools-KS2-Poetry-Resource-Pack-Michael-Rosens-Chocolate-Cake.pdf>  
<https://polkatheatre.com/wp-content/uploads/2018/04/Michael-Rosens-Chocolate-Cake-Teacher-Resource-Pack.pdf>

Including freeze frame of each section, guess which part of the poem I'm doing?

**Books with links to food: activities and links to the books being read aloud:**  
<http://www.lovelybooks.co.uk/food-and-eating>

**Poems about food:**  
<https://www.poetry4kids.com/topic/food/>

**Joseph Coelho Poetry about food:**  
<https://clpe.org.uk/poetryline/poems/little-bit-food>

**Oxford Owls e-book:** <https://www.oxfordowl.co.uk/api/interactives/26361.html>  
**Restaurant critics** <https://www.theguardian.com/food/series/jay-rayner-on-restaurants>

## Science

### Exploring our senses

**Taste:** [https://www.youtube.com/watch?v=Wa\\_WfcuE1a0](https://www.youtube.com/watch?v=Wa_WfcuE1a0)  
<https://www.youtube.com/watch?v=C4rdqXXzPGU>

**Properties of materials:**  
<https://www.youtube.com/watch?v=tAEQDu7juEg>

<https://www.bbc.co.uk/bitesize/topics/zpvycdm>

**Food chains:**  
<https://www.bbc.co.uk/bitesize/topics/zbnbn9q/articles/zwbtxsg>

**Food of the future:**  
<https://www.youtube.com/watch?v=5Q-FOzHoPFA>  
<https://innovateuk.blog.gov.uk/2018/05/23/predictions-the-future-of-food/>

## Humanities

**Where in the world?**  
[www.foodmiles.com](http://www.foodmiles.com)

[https://www.rsb.org.uk/images/pdf/Geography\\_lesson\\_presentation.pdf](https://www.rsb.org.uk/images/pdf/Geography_lesson_presentation.pdf)

<https://www.countrysideclassroom.org.uk/storage/resource/downloads/cbc43093-adf8-4bc0-b1ca-719d4bfbf83e/original/local-food-19.pdf>

<https://www.youtube.com/watch?v=9Opt06QF9WY>

**Where in the world?**  
<https://www.britannica.com/quiz/food-around-the-world>

<https://www.kids-world-travel-guide.com/food-facts-for-kids.html>

**Did you know?**  
<https://www.bbc.co.uk/bitesize/topics/z7fydcdm/resources/1>  
<https://www.historyforkids.net/egyptian-food.html>  
<https://www.historyforkids.net/ancient-rome/roman-wine-and-foods.html>  
<https://owlcation.com/humanities/Henry-VIII-s-Kitchens>  
[https://www.ted.com/talks/jennifer\\_8\\_lee\\_why\\_1\\_5\\_billion\\_people\\_eat\\_with\\_chopsticks](https://www.ted.com/talks/jennifer_8_lee_why_1_5_billion_people_eat_with_chopsticks)  
<https://www.digimarc.com/quality-management-system/resources/history-of-packaging>  
<http://cookit.e2bn.org/>

## Fabulous, fantastic food!

<https://www.bbc.co.uk/bitesize/topics/zpvycdm>

### Home learning extension

These are links to websites – please practice Internet safety with your children whilst accessing these websites

### Wellbeing and PSHE

<https://youngminds.org.uk/>

### Spanish

Youtube book about food in Spain

<https://www.youtube.com/watch?v=lnu8lCJreTU>

## Creative Arts

<https://www.tate.org.uk/kids/explore/who-is/who-andy-warhol>

**History of packaging:**  
<https://www.digimarc.com/quality-management-system/resources/history-of-packaging>

<https://www.youtube.com/watch?v=7Shwzu0VpQg>

<https://www.youtube.com/watch?v=xz9UM9ZVvXY>

**Stomp the musical clips:**  
<https://www.youtube.com/watch?v=93t6bCnAvk4>

**Music from everyday objects:**  
<https://www.youtube.com/watch?v=rb4oTIYNNHs>  
[https://www.youtube.com/watch?v=Svg\\_floHij8](https://www.youtube.com/watch?v=Svg_floHij8)