

BODY PERCUSSION



Body Percussion

'Body percussion' is about making sounds with different parts of our bodies. We can clap our hands, click our fingers, stamp our feet and so much more. How many different sounds can you make with your body? Try playing with the dynamics of your sounds (making them louder and quieter).

1. Watch the video performance of Connect It by Anna Meredith which doesn't use any instruments at all! How many different body percussion sounds can you hear in the piece? Can you make any of these sounds with your own body?
2. Try to learn the body percussion piece in the body percussion warm-up video.
3. Check out the body percussion piece in the Percussion Show video. Can you copy any of the movements and sounds that they make?
4. Can you remember the 10 breaks that we learnt in school? Try to perform them in order and maybe even teach someone at home! How could you write these down? Find a way to put them onto paper using words or pictures. What could break 11 be? Make up your own and write it down or record yourself performing it.

